## EMBARK ON A JOURNEY

REWIRE YOUR BRAIN
BUILD NEW HABITS
CREATE A NEW IDENTITY

A group of people who are looking to find their true identity and by doing so finding God's true identity.

YOU HAVE THE POWER TO CHOOSE

THE 100FOLD JOURNEY



# The 10 Truths

Memorization

TODAY, RIGHT NOW, IS THE BEST MOMENT OF MY LIFE

ALL MY NEEDS ARE CONSTANTLY MET

I AM ALWAYS IN THE RIGHT PLACE, AT THE RIGHT TIME

Application

GOD HAS GRANTED ME FAVOR, IN THE SIGHT OF THOSE AROUND ME

**EVERYTHING MY HAND TOUCHES, PROSPERS** 

I HAVE AN ATTITUDE OF GRATITUDE

CIRCUMSTANCES DON'T MATTER, ONLY STATE OF BEING MATTERS

I HAVE UNLIMITED POSSIBILITIES & RESOURCES

I WILL BE GOD TO SOMEONE, TODAY

LIFE IS A MIRROR, WHICH REFLECTS BACK, WHAT I TRULY BELIEVE AND THINK

Meditation

# LIVING **FROM** THE UNSEEN

2 Corinthians 4:18 We don't look for things that can be seen but for things that can't be seen. Things that can be seen are only temporary. But things that can't be seen last forever.

Part 1 - Senses or Word

Part 2 - Internal vs

**External** 

Part 3 - Which Side?

Part 4 - Thinking vs

**Knowing** 

Part 5 - One Power

Part 6 - Fear or Love



## I AM LIVING FROM THE UNSEEN

Part # 7 : 10 Truths

#### Today right now is the best moment of my life

- There is no past except for your memories of them
- There is no future except what you create it to be
- There is only now
- Act like you are God, enjoy your creation through all your 5 physical senses, that is what they are there for.
- "Stress is caused by being "here" but wanting to be "there," or being in the present but wanting to be in the future." Eckhart Tolle, The Power of Now: A Guide to Spiritual Enlightenment
- "The moment you realize you are not present, you are present. Whenever you are able to observe your mind, you are no longer trapped in it. Another factor has come in, something that is not of the mind: the witnessing presence." Eckhart Tolle, The Power of Now: A Guide to Spiritual Enlightenment

True for Jesus:

Names written Luke 10:20

True for you: Right Now



This woman is the only person living IN the moment



#### All my needs are constantly met

- I have never gone without
- Right now, I have everything I need
- I need not worry about tomorrow
  - Don't limit this statement to be only about money
  - Health
  - Relationships
- You get to choose to live out of Fear or Love, Inside vs Outside, Truth or Facts
- Definition of abundance: The ability to do what you need to do when you need to do it

#### True for Jesus:

Supported by others Luke 8:3 Coin in fish Matt 17:27

True for you: Lunch with friend who paid Got paid on first of month



#### I am always in the right place at the right time

- You are right where you need to be....always
  - Always be looking for why the answer is yes
    - Be alive, alert, present in each moment
    - View each moment through the eyes of God
- Sometimes it looks like you are not...what do you do?
  - Walk through the 10 Truths in your mind
  - Look for the one thing you can be grateful for in that moment
  - Then remind yourself that negative could not be possible because of who you are and whose you are and that you get to decide how you are going to respond
  - Responsibility the ability to respond in any way that suits you at that given moment.
     Respond Ability chose to respond that all things serve you

True for Jesus:

Raised Lazarus Woman at the well



#### God has granted me favor in the sight of those around me

- You are the dwelling place of God
- You are a walking tabernacle
- Everywhere you are, God is
- Joy attracts more joy. Happiness attracts more happiness. Peace attracts more peace.
   GRATITUDE attracts more GRATITUDE. Kindness attracts more kindness. Love attracts more love. Rhonda Byrne The Secret
- Your job is an inside one. To change your world, all you have to do is change the way you feel
  inside. How easy is that? Rhonda Byrne The Secret
- "Some things in life you just aren't going to be able to think your way through—so you might as well save yourself the stress by simply trusting your way through them." **Steve McVey, The Grace Walk Devotional**

True for Jesus:

Crowds followed Jesus Mark 3:7

True for you:

Work favor from my boss



#### Everything my hand touches prospers

- Because you are god as He is, so I AM
- Joseph from Old Testament managing Potiphar's household
- "Life is about the management of energy, where you place your attention, is where you place your energy." **Joe Dispenza.**
- I like money, I love it, I use it wisely, constructively, and judiciously. Money is constantly circulating in my life. I release it with joy, and it returns to me multiplied in a wonderful way. It is good and very good. Money flows to me in avalanches of abundance. I use it for good only, and I am grateful for my good and for the riches of my mind. Joseph Murphy The Power of Your Subconscious Mind

True for Jesus:

Healed the Leper Matt 8:3

True for you:

Selling of a rental property



#### I have an attitude of gratitude

- Being grateful about all things, including your future is pulling the emotion of having all things now
- Never let a day pass without looking for the good, feeling the good within you, praising, appreciating, blessing, and being grateful. Make it your life commitment, and you will stand in utter awe of what happens in your life. Rhonda Byrne The Secret
- "If you realized how powerful your thoughts are, you would never think a negative thought." Caroline Leaf, Switch On Your Brain: The Key to Peak Happiness, Thinking, and Health
- "We are who we practice to be. So if you practice gratitude, you'll be grateful." **Joe Dispenza.**
- "God designed humans to observe our own thoughts, catch those that are bad, and get rid of them." Caroline Leaf, Switch On Your Brain: The Key to Peak Happiness, Thinking, and Health

True for Jesus:

Raised Lazarus John 11:41



#### Circumstances don't matter only state of being matters

- Life is meaningless.....
  - You get to choose the meaning to your life and to your circumstances
- Circumstances have double meaning, you get to choose which meaning
- There is just no getting around that turning bad things into good things is up to you. Deepak
   Chopra
- Every thought is a cause & every condition is an effect. Change your thoughts & you change your destiny. Joseph Murphy The Power of Your Subconscious Mind
- "Most people wait for something outside of them to change how they feel inside." Joe Dispenza

True for Jesus:
Father forgive them

True for you:

Issues at work



#### I have unlimited possibilities and resources

- I lack nothing
- "As he thinks in his heart, so is he" (Prov. 23:7)."
- Remember previous studies
  - There is only One Power
  - I have everything I need for life and godliness
  - God has granted me royal rule and reign
- When you understand your true identity then you understand:
  - "You are me, so I create what you think. You are the entire creative power of the universe.
     When you understand this, you will feel power and energy coursing through your body."
     Erin Werley: I Am, I Create
- We become what we think about. Energy flows where attention goes. Rhonda Byrne The Secret

True for Jesus:

Feeding 5000

#### I will be God (LOVE) to someone today

- My eyes are open
- My ears are open
- My senses will be yielded to the unseen and will reveal who I can love today
- Live as Jesus lived:
  - Only doing what he saw his father doing
  - Only saying what he heard the father say
- Compliment people wherever you go. Praise every single thing you see. Be a ray of sunshine to everyone you meet. Rhonda Byrne The Secret
- "To love others you must know how much you are loved." Steve McVey, Grace Walk Moments

True for Jesus:

Woman issue of blood

True for you:

Lunch with friend, good talk



# Following the bread crumb trail.....



Notice - nothing you are doing but just being who you already are!!

#### **GRATITUDE**

Pretend to be Jesus Life Giving Spirit every encounter Faith / Trust / Rest Planting Seeds / Promises Be anxious for nothing Always talking Always listening Thought Pop Every situation is an encounter Eyes wide open - anticipating **Synchronicities** Get used to different Transitions / Intentions **Effortless** Emotions / Feelings / Gut check Fruit of Spirit

#### **LOVE**

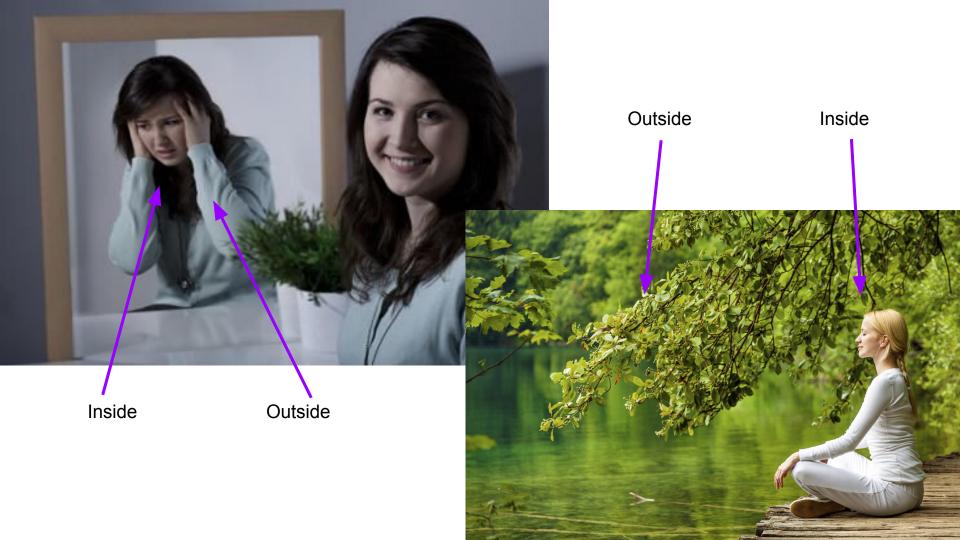
#### Life is a mirror which reflects back what I truly believe and think

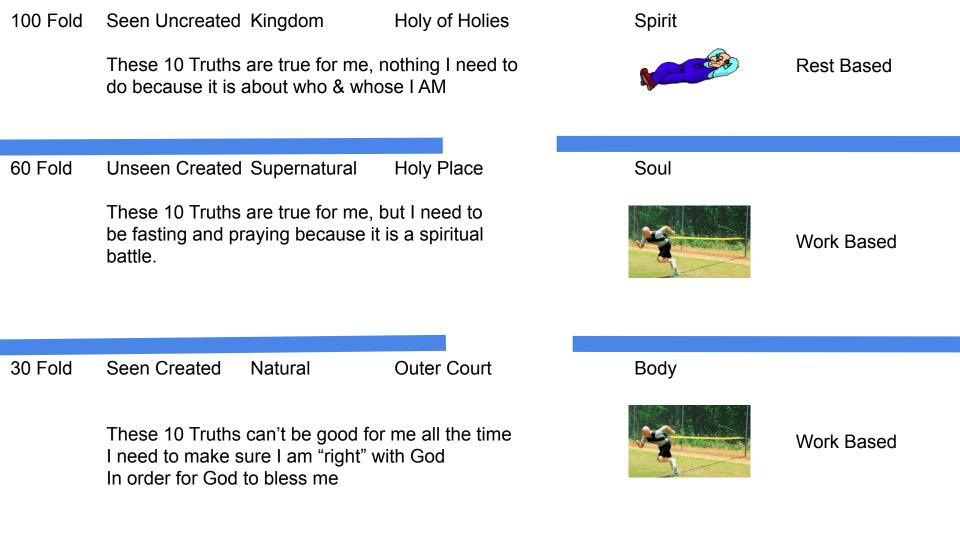
- What you see reflected is what is inside
- You can't change the reflection in the mirror by reaching out and changing a frown to a smile, you can only change the reflection by reaching in.
- You change the inside first, then the outside reflection will change
- The world around us is nothing more and nothing less than a mirror of what we have become from within. **Gregg Braden**
- "If you get the inside right, the outside will fall into place." Eckhart Tolle, The Power of Now: A
   Guide to Spiritual Enlightenment

True for Jesus:

Blessed are you Simon Matt 16:17







Ask yourself this question: How Good is God? The way you answer is what determines your yield.



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