

Experiencing Holy Spirit Through Identity

21-DAYS OF IDENTITY

Created for the purpose
to know your Identity
to open your Eyes
to Experience Holy Spirit

by The 100fold Journey

This booklet is not to be published. The intent is for personal study and personal growth.

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Days of Identity

Memory Verse & Key Verse for this book:

Galatians 2:20 (NASB) "I have been crucified with Christ; and it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself up for me."

Identity & Purpose

The questions of the ages: "who am I and why am I here?"

Since time began these questions have been asked by every living being. It is at our heart to look for answers to these questions. In our search for these answers, we have either looked inside ourselves or outside to the world. Where are you looking?

If you are looking inside you might find answers such as:

Be a good person so you feel good about yourself

Love others so that you can be loved

Get a good job, have a family, retire

Do whatever feels right

Watch this program so you mask the pain

Eat this food so you can get skinny

Drink this drink so you can escape

If you are looking to the outside world you might find answers such as:

Invest in these stocks, it will make you rich

Travel here and you can escape your reality

Buy this, it will make you happy

Go on a diet, it will make you happy

Move here and your problems go away

Look like this and you will be happy

Follow this person and emulate them

It is staggering the amount of influence the outside world has upon our lives, and our identity especially in this generation with everything at our fingertips. Most all the "answers" to all your questions can be found by just asking Google or Siri. The internet, social media, entertainment and global news is all an attempt to answer for you why we are here, to give us purpose and meaning. Yet, do these really answer that question inside our heart? Where do we go to find the real answers?

"There is a God-shaped vacuum in the heart of each man which cannot be satisfied by any created thing but only by God the Creator, made know through Jesus Christ." Pascal

This quote from Blaise Pascal (17th Century Philosopher) underlines why looking inside our-self or to the outside world will never fulfill us. God designed us with this vacuum that only He can fill, meaning He fills us with Himself. When we have a revelation of this truth: Christ in me (Galatians 2:20) and how that relates to my identity, then we will have the answers to our questions.

I pray that this book will reveal to you what your true identity is through the eyes of your creator: God through the Lord Jesus Christ. It is only in Him and what He says about you that you will find those answers. When you agree with God then you will know why you are here and find your Purpose, Faith and Love. Lets now dig a little deeper into this understanding.

Who am I?

Who am I? There are several ways to answer this. I can look at my life and apply labels which reflect who I am. What are those labels? I am a dad. I am a husband. I am an employee. I am a friend. I am a Christian. These all would be correct, but they would miss who I truly am. None of these describe or state who I truly am they are just titles.

So, let's go a little deeper and answer this same question with another set of labels. I am a caring person. I try my best to love others. I am a hard worker. I am honest. I pay my taxes on time and attend church. Again, these would be correct, but these only describe things that I do and don't answer the question of who I truly am?

Who I really am in God's Sight

As I peel away the layers, getting to the root of who I really am as a person, the labels change significantly. If I change the perspective from how I view myself to how God views me as found in the Bible, it will reveal the core of my true identity. God's view of me reveals the truth of who I really am. From God's view, I was made in His image. (Genesis 1:27) I am His child adopted into His family. (Ephesians 1:5) I am seated with Christ. (Ephesians 2:6) I am one with God. (John 14:20)

"Wait!! Stop!!" Did I hear you say, "You can be one with God? That would make you equal with God. That would also make you equal with Jesus. He is God's unique part of the trinity. How can you say you are one with Jesus?" I am only repeating what God is saying. And He is saying that Jesus is living in me. I have died and now I live as Christ in me. (Galatians 2:20) Also, John 4:17 states that as Jesus is, so am I in this world.

Here is an illustration of how to describe this. I have a gallon of water. From that gallon of water I pour out some water into a cup. Is that cup the full gallon of water? No. But the water in the cup is from the gallon, so a part of the water is in the cup which makes it a part of the gallon but not the whole. I am not God or Jesus but, I have His very being in me by way of Holy Spirit. In fact, He has sealed Himself inside me. We are ONE. I am so full of His Holy Spirit that He is sealed inside me, sealed and permanent.

Ephesians 1:13-14 (NASB) "In Him, you also, after listening to the message of truth, the gospel of your salvation—having also believed, you were sealed in Him with the Holy Spirit of promise, who is given as a pledge of our inheritance, with a view to the redemption of God's own possession, to the praise of His glory."

Galatians 2:20 (NASB) "I have been crucified with Christ; and it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself up for me."

In his book, "Yes I Am" by Norman P. Grubb he comments on this amazing scripture:

"Paul does not stop there one moment in his saying: 'nevertheless I live.' He does not leave us time to dwell on this fact of being risen, alive in Christ. He straightway corrects himself - contradicts himself - and says, 'No, not I, but Christ lives in me.' Now this is revolutionary, radical, because though he says it is Christ living in me, he is not saying 'side by side with me.' He is saying Christ has replaced me at my center: 'yet not I.'"

Not Who but Whose

Later in that same chapter Grubb defends the point that Paul is making that it's not Christ and Me. What Paul is saying is Christ is me, living His life as me. Therefore the conclusion and the answer to the question is not "who am I?" but "whose am I?" I am one with Christ who is living His life in me, with me and as me. Just as God the Father was living His life: in - with - and through Jesus. God is living His life through me! We are one. Yet, just as Jesus was His own being, His own person, His own life experience so I also have my life which I am living in, with and for God.

Question Answered - My Identity is "In Christ"

My identity is in Christ. It is who I am. I was spiritually dead in Adam. God put me in Christ and I was crucified with Christ. I was then resurrected with Jesus. "As He is, so am I in this world." (1 John 4:17)

The Life of Christ

Now that we know we are one with Christ, how should I therefore live? Let's look at the life of Christ as our example. Jesus said that if you have seen me (Jesus) you have seen the Father. Every act, every word, every place Jesus went, it was because He was being led by His Heavenly Father. (John 5:19) This is because Jesus had God living in Him as Him by way of Holy Spirit. Jesus was stating clearly that it was not even Him doing the work but it was the Father. Amazingly, we have that same arrangement, the same condition for each of us. Because Jesus is living in me I have the same power and resource that Jesus had in Him. (Galatians 2:20) But again, it is not me doing it, but God in me. My job is to rest, be available and listen to His voice and watch for where He leads, then do and say as He guides. Does this mean I can do all the things Jesus did when He was here? Amazingly Jesus states that we will even do greater works than Jesus because He will go to the Father. (John 14:12). In Acts He reveals that we will receive power when the Holy Spirit comes upon us. (Acts 1:8)

I am here to tell you, Holy Spirit has come and it rests in us and gives us power to accomplish amazing things. This is how we can experience Holy Spirit through our identity. Does that mean I can walk on water, heal the sick, and raise the dead? The real question is that what I see or hear the Father asking me to do? To date no. But the truth is, we all have the power to do all those things. But, we won't worry or be anxious about if and when we can do such things. Our job is to rest, be available and follow the direction of Holy Spirit. If He wants it done, it will be done.

Love!!

But there is a higher calling for each of our lives. It's a relationship with our creator. An identity that is at the core of our being and the very purpose for which we were created. Yes, walking on water would be amazing, but the truth is, even if I had all of that power but did not have love, I would have nothing. According to 1 Corinthians 13 the true power in me, which is who Jesus really is, is love. God is love. If you could summarize Jesus' entire ministry it would be love. It is love that sent him to a manger to be born. Love that healed the blind, healed the sick and forgave tax collectors and sinners. Love that ultimately died for us on a cross paying for all of our sins - past, present and future.

Paul continues to share in 1 Corinthians 13 that Omnipotence (being all powerful) and that Omniscience (being all knowing) is worthless if God does not have love. What is amazing is that Jesus emptied Himself of all that made God - God. All of His "power" - meaning the God type power we think of. He laid that all aside (Philippians 2:6-8) - yet - remained as God. How was that possible? Because what makes up God is love. Remove all the titles: creator, judge, alpha, omega, king, but if love remains, He is still God. He is still the great I AM!

This is what makes it possible for Jesus to live, move and breath as a man as God. This is what makes it possible for you to live, move and breath as you - as god. I am not saying you are God. But God is saying He is in you and you are His temple. Does that make you God? No. But, His Holy Spirit is living in you which gives you the ability to love as God loves. When you love, you are living from the Spirit of God because God is love.

Love & You

God has found a way to reach billions of people across this planet by indwelling and inspiring billions to be His representatives - His very presence here on earth. Because that is who He is that is who I am - who we all are. Jesus reached, at best, a few thousand people. But now with His indwelling He can reach billions through you and me. That is power. That is "greater works." This now answers our opening question. Why am I here, what is my purpose? You can now answer with me:

I am _____ (insert name) who is allowing God to live in me, as me and I am expressing myself as love so that I can awaken others to their true identity. Rephrasing (Philippians 2:6)
My purpose is to experience Holy Spirit through knowing my identity.

The Power of 2nd Adam

I hear you ask again. "But how is that even possible. You don't know me and the things I have done. God could never live in me." At one time your identity was in Adam, but now your identity is in Christ. There are only two possible Identities - Adam or Christ. But thanks be to God, Jesus is above all names.

In Adam it was not about your behavior that brought good or bad. In Adam, all sinned and there was nothing to do to make you right before God, it was your identity in "ADAM".

In Jesus it was not about your behavior that brought good or bad, in Jesus all your sins were paid for at the cross and there was nothing you could do to make you right before God. This is your new identity in "JESUS".

Jesus death on the cross made it possible for all of God's creation to be reconciled to God.

Jesus resurrection is proof that His sacrifice was accepted by God the Father. God then poured out His Spirit on all flesh to empower us to live with Christ in you. But we must be awakened to this truth. We must be born again and renew our minds (Romans 12:2) and transform our thinking. Moving out of Adam and into Christ. Believing, repenting (change your mind) and accepting what He has done for us. It is not until then that we can fully understand who we are and whose we are. Then, and only then, can we gain the true inheritance God has freely given to us which is eternal life now. What does that life look like?

Union - No Separation

Another important area to understand about my identity is that there is no separation with God. Again, I hear you ask:

"How is that even possible to live in perfect union with Him? I am a sinner. I am separated from Him because of my sin, as we all are. So we must confess and be cleansed or else God will not be near us."

So, God decided, because of His love for us to take away the barrier that separates us from Him. He broke that wall down of us thinking we were separated from Him. This is the work Jesus did on our behalf:

Hebrews 10:17 (KJV) "And their sins and iniquities will I remember no more."

Hebrews 10:22 (KJV) "let us draw near with a sincere heart in full assurance of faith, having our hearts sprinkled clean from an evil conscience and our bodies washed with pure water."

Our perfect union with God comes in our acceptance of my identity in God. When I think I need something outside of my identity it becomes an idol which then taints the way I see God's will for me. If not in check this could cause me to stumble and sin. Thanks be to God that this also was paid for. However, we still suffer the consequences of those choices. My sins punish me, God does not. I experience hell on earth because of my sin, wrong choices and believing a false identity. Perfect union with God is through Holy Spirit in us and Christ interceding for us constantly.

My conscience has been cleansed. I can now stand with 100% confidence that all my sins are gone, past present and future. There is no confession or forgiveness but it is an acknowledgment of our reliance upon Him. This then allows me to live with no fear of separation, but be in perfect union with God. This was an act that God did on my behalf because of His love for me. This also is now an example of the love that I should show others. This also allows me to live a life of love and freedom. A freedom to love as Jesus lived and loved. Relationship is restored as it was in the garden, fellowship with God in the cool of the day. Walking and talking with our creator.

How did Jesus express that love to others? He went from city to city meeting new people and spent time with everyone who would listen, even the "sinners". Jesus being God, you would think during His ministry he would have had thoughts such as: "Hey I'm Jesus, son of God; I shouldn't hang around these sinners." But in fact, He preferred to be with them because they were genuine and needed to find their true identity. That message is the same we share today: "come and hear the truth about your identity which is found in Christ." Jesus' mission was to open everyone's eyes to that reality. That is how we should live looking for opportunities to express God's unconditional love and show them their true identity.

A Conversation:

Consider this: Since there is no separation and we are in union with Him this is what experiencing Holy Spirit through Identity looks like:

Me: Hey Jesus, what are you up to?

Jesus: Just sitting here typing this paper with you and inspiring the words you are creating right now.

Me: How do you do that?

Jesus: We are one, one body, one spirit.

Me: How do I know when you stop and I take over?

Jesus: We are one, there is no separation, I am in you.

Me: What about when I do stupid stuff, not loving stuff?

Jesus: We are one, there is no separation, I am in you, we are doing it together.

Me: Yikes!!

Jesus: I know what you mean. I've been tempted in every way also. I know how to get out of it, and understand when it becomes hard but I overcame and so will you.

Me: You love me unconditionally, don't you?

Jesus: Yes I do.

Me: Help me to show that kind of love to others


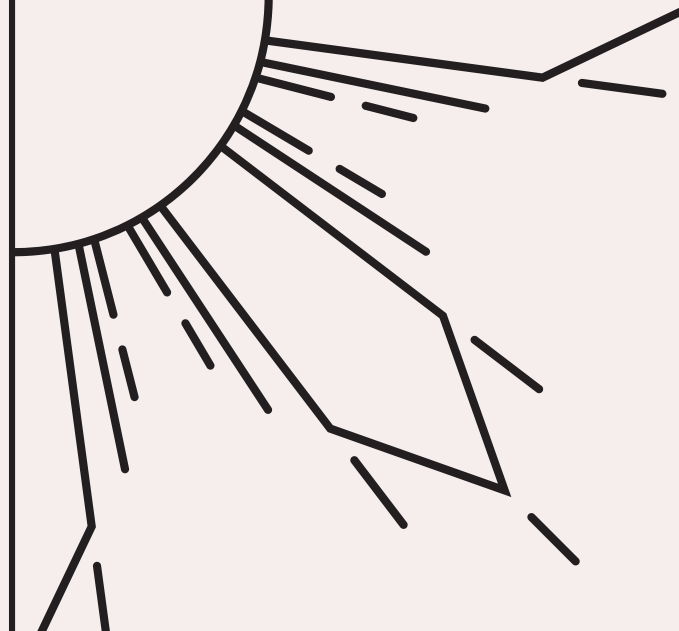
Jesus: We are one, there is no separation, I am in you, we are doing it together.

The Question Answered

My relationship with God is not performance based. He accepts me and loves me unconditionally. Because of this, it gives me the freedom to accept others just as they are. Not expecting anything in return.

I think you would agree, this gives you a reason why you are here and a purpose for which to live!! Who are you? Who am I? What is our true identity? Jesus in me, with me, for me, as me, expressing Himself in love through me to reach others - to awaken them to their true identity. AMEN!!

With this understanding you can now find other statements in the Bible about your identity. In fact, that is what this book is all about: Experiencing Holy Spirit through Identity.



Here we go
Are you ready?
21 Days of Identity

His Chosen (Ephesians 1:4)

His Possession (1 Peter 2:9)

His Bride (Revelation 21:2)

His Adopted (Ephesians 1:5)

His Body (1 Corinthians 12:12)

His Temple (1 Corinthians 3:16)

His Ambassador (2 Corinthians 5:20)

His Word (Matthew 28:19-20)

His Love (John 13:34)

His Life (1 Corinthians 6:20)

I am Holy (Ephesians 1:4)

I am Blameless (Ephesians 1:4)

I am One with Him (John 14:20)

I am Forgiven (Ephesians 1:7-8a)

I am Righteous (2 Corinthians 5:21)

I am Redeemed (Colossians 1:13-14)

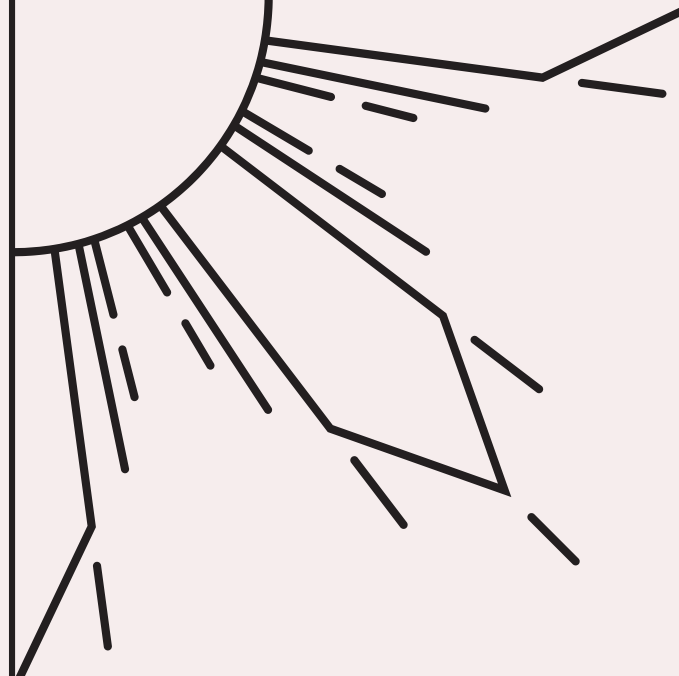
I am Perfect (Hebrews 10:14)

I am Blessed (Ephesians 1:3)

I am Seated with Christ (Ephesians 2:6)

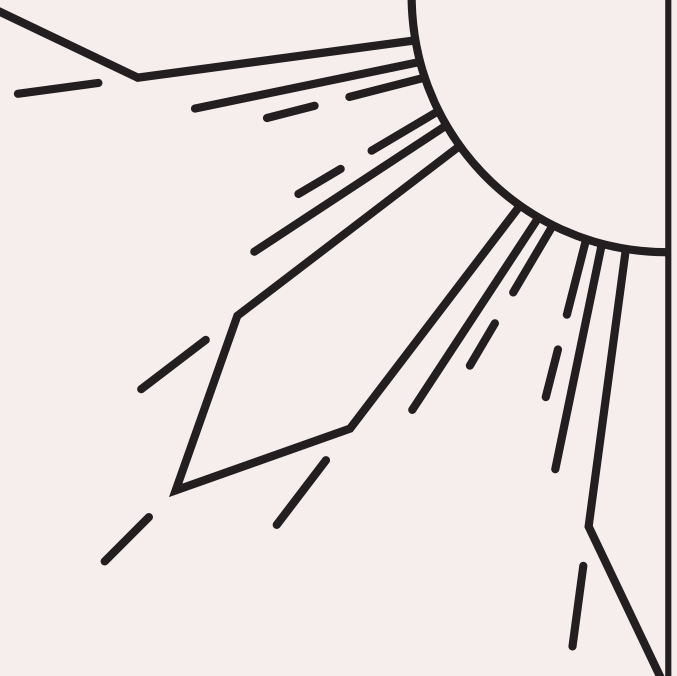
I am Anointed (Galatians 2:20)

I am Free (Galatians 5:1) (Romans 8:2)



DAY 1

CHOSEN



Ephesians 1:4 (NASB) “just as He chose us in Him before the foundation of the world, that we would be holy and blameless before Him. In love”

If you really think about it, God had a choice. Adam chose to listen to the lie that he had to “do” (eat the fruit) in order to “be” what he already was (Gods image and likeness). God could have chosen to walk away. He could have chosen to leave Adam on his own. But no, God chose to stay. Read Ephesians 1:4 again, this time pay attention to when God chose you.

“just as He chose us in Him before the foundation of the world, that we would be holy and blameless before Him. In love”

Did you catch it? He chose you before the foundation of the world. This means that God knew what Adam was going to do before he did it and with full knowledge He chose to stay with us.

In fact, re-read that verse one more time. Who are you chosen in? Are you in Adam? No, we were chosen in Him - capital “H” - in Jesus.

2 Timothy 1:9 (GNT) “He saved us and called us to be his own people, not because of what we have done, but because of his own purpose and grace. He gave us this grace by means of Christ Jesus before the beginning of time, “

God knew long before creation that Adam’s race would need saving. He chose to send Himself, as Jesus, to show us His love for His creation. He knew you before time began and choose you in Jesus. All your sins however big or small He chose you anyway. Why? Because of His love for you. He wants to set you free from your wrong thinking about yourself. He wants you to know that you are not in Adam but you are in Jesus.

2 Timothy 1:9a (GNT) “He saved us and called us to be his own people, not because of what we have done, but because of His own purpose and grace.....”

Does this verse say anything about you doing anything to be chosen in Christ Jesus? Look at the words: “not because of what we have done.” Do you realize that you were chosen before you were born, and there was nothing that you did to make that happen? God chose for you. He knew that when given a choice, like Adam, you would feel you needed to do something in order to become what you already are and therefore choose your wrong identity.

I can hear you saying: “Wait, I am the one who chose God when I became a Christ follower. I accepted Him and invited Him into my heart and asked Him to forgive my sins.”

Your good works do not save you. Being baptized does not save you. It is not 99% God and 1% me and my decision that saves. It is 100% God. He gave you a person to have faith in, that person is Jesus Christ. Jesus supplied you with the faith to believe in His love for you. Even the act of faith was supplied by God, therefore it is 100% God and “not for anything I have done.” (2 Timothy 1:9)

My only response is: Repent (change your mind) and receive this free gift and say “WOW and Thank You!!” Live your life knowing that God knows you completely. He chose you before time began. He could have left you but instead He chose to stay. God knowing that you would never chose Him, He chose you - for you!



DAY 1

IDENTITY PRACTICE NUMBER 1:

- **Count Your Blessings:** First thing in the morning, make a list of ten blessings in your life you are grateful for. Write why you are grateful for each blessing. Go back and read your list, either in your mind or out loud. When you get to the end of each one say: Thank you Jesus for blessing me - then- pause - and meditate on that feeling of gratitude for that blessing as much as you possibly can.
- **Meditate on this.** In one day, how many choices do you make? How many are mundane? How many are truly important?
- **Now, reflect on the choice God made.**
- **Write down how you feel knowing God chose you even before you were born.**
- **Today, find an object which you can hold in your hand and will fit on your night stand. The object should be smooth and feel good in your hand. This will be your Prayer Reminder that you will keep on your night stand to remind you to thank God for your day. You will do the Prayer Reminder every night before you go to sleep.**
- **Just before you go to sleep, take your Prayer Reminder and ask yourself: How did I experience Holy Spirit today? How did He lead me and direct me? How was I prompted to love and in what way? Then find that one thing that you are most grateful for and thank Jesus for whatever that was.**



DAY 2

HIS POSSESSION

1 Peter 2:9 (NIV) “But you are a chosen race, a royal priesthood, a holy nation, a people for God’s own possession, so that you may proclaim the excellencies of Him who has called you out of darkness into His marvelous light;”

If you are like me, the word “possession” has a negative sound to it. It sounds like “ownership” or “the right to do whatever the owner wants”. In the original Greek, possession implies: a preserving, obtaining or possession of one’s own property.

In the context of 1 Peter 2 it talks about Jesus being the corner stone in which God has built his building. Stone upon stone He is building His temple which is who you are. The more and more you are built up in Christ, the more you can “proclaim the excellencies of Him who has called you”.

Knowing that God identifies you as a royal priest, holy nation He calls you His possession which can bring great peace and comfort to you. For who else would you want to have you? You are of great value and in Luke we learn just valuable you are.

In Luke 15 there are 3 parables which speak about possession.

The Lost Sheep (vs. 1-7)

The Lost Coin (vs. 8-10)

The Lost Son (vs. 11-31)

The Lost Sheep Synopsis:

In this parable Jesus presented: Suppose you had 100 sheep and one wandered away. Wouldn’t you leave the 99 to go find the one lost? Rather than being content with having just possessing the 99, the good shepherd leaves the 99 to find the one (you). Even though lost, you are still His possession. When He finds the one (you) He puts it on his shoulders, rejoices and brings it home and celebrates with his friends.

The Lost Coin Synopsis:

This parable is about a coin that has been lost in a house. The homeowner who possesses the coin sweeps and does everything possible to find the lost coin (you). Then, when found, they rejoice and show their friends that this lost coin has been found.

The Lost Son Synopsis:

This parable is about a son who asked for his father’s inheritance. He goes off to a far land and spends it all with wild living. When the money runs out and he is starving, he thinks to himself: “why don’t I go back to my father and become a hired servant at least I can have something to eat.” Upon his return, and to his surprise, his father openly welcomes him (you) back and puts him back in the place of honor, in the place of sonship.

Notice, the lost become lost because it was a choice they made. The sheep wandered, the coin hid and the son ran. But, the key to knowing each story is: A possession Lost & A possession Found

Something cannot be lost, if it had not previously belonged to or possessed by someone. In fact, it is of such great value that the owner is willing to do whatever it takes to get that possession back. God will do everything possible to reveal to you by way of Holy Spirit that you are loved - yet lost. He will do whatever it takes to make this known to you so that you change your mind about God. God demonstrated how far He went for you - Hell and back. You are His possession. He chose you. He has done everything for you. You need to change your mind (repent) about Him and allow Him to carry you (submit) on His shoulders and rejoice over you! By the way, did any of the lost lose their value because they were lost? No!! You are God’s great possession you are of great value to Him.



DAY 2

IDENTITY PRACTICE NUMBER 2:

- **Count Your Blessings:** First thing in the morning, make a list of ten blessings in your life you are grateful for. Write why you are grateful for each blessing. Then, go back and read your list, either in your mind or out loud. When you get to the end of each one say: Thank you Jesus for blessing me - then- pause - and meditate on that feeling of gratitude for that blessing as much as you possibly can.
- Find one possession that you can't live without.
- If you ever lost it, remember that situation and remember the feelings and emotions you felt at that time. Write those emotions down.
- Then describe what you felt when you found your possession. Write this down.
- If you've never lost a treasured item, just imagine what it would be like, how you would feel and what you would do when you found it.
- Just before you go to sleep, take your Prayer Reminder and ask yourself: How did I experience Holy Spirit today? How did He lead me and direct me? How was I prompted to love and in what way? Then find that one thing that you are most grateful for and thank Jesus for whatever that was.



DAY 3

HIS BRIDE

Revelation 21:2 (ASV) "And I saw the holy city, new Jerusalem, coming down out of heaven from God, made ready as a bride adorned for her husband."

What comes to mind when you think of a traditional wedding? A traditional definition of a wedding as the first marriage for both, male and female. The groom stands at the altar with his bride dressed in a white gown. The white gown is a reflection of who she is pure, set apart, a virgin. This is the view that God has for His bride. He has dressed you, adorned you and prepared you for your husband, the Lord Jesus Christ.

In your minds eye, imagine a church with pews full of people and the groom in His tuxedo awaiting His bride. Imagine as the music starts, you enter the room in your white gown and veil. The people in the pews stand and the groom gleams with excitement. He is so amazed at your beauty. You are completely His and He is completely yours. He is so in love with you, He stepped out of heaven for you. In fact He endured the suffering of the world – taking on all our sins so He could have you just to Himself. And now, this ceremony seals your relationship for all eternity. Now the two of you can celebrate your love and show the world the love you have for one another. He lifts your veil, looks into your eyes with his loving kindness and says:

"I, Jesus, take thee, my bride, to be my wedded wife, to have and to hold, from this day forward, for better, for worse, for richer, for poorer, in sickness and in health, to love and to cherish, till death do us part, according to God's holy ordinance; and I pledge my faith and pledge myself to you."

This is God's vow to you – love, honor and cherish. Your natural response to your groom is to say the vow back to Him. Not because you have to, but because you want to. You are completely in love with Him because He has demonstrated that love for you by giving His life for you. (Roman 5:8) Yet His vow to you is faithful, true and will never end. Rest in the fact that He has vowed His love for you completely, even before time began.

When you know you are loved and adored this much, your only response is: "Yes, I Do"! I take this man as my husband to love and adore Him." As we all know, the adventure truly begins after we say those words. It's an adventure of getting to know one another. We find out what's important and what is not. Yet, through all the ups and downs life throws at you, you know you are going through life as one. (Genesis 2:24) Love conquers all. (I Corinthians 13:8)

In John 4, Jesus encounters a woman at a well. She had five husbands and she is living with the sixth. Jesus speaks to her kindly and gently. This woman recognizes that He is a prophet. She senses a love and concern for her life. Jesus asks her to get her husband and return. She plainly states that she does not have a husband. Jesus does not stop the conversation. He does not walk away. He does not condemn her. His only interest is setting her free. By continuing the discussion, she has now realized that "this man" knows everything about her, yet still loves her and indeed has set her free. Jesus in this case became the 7th husband, seven being the number of perfection. Hear this truth for yourself:

She could not know that she was truly loved until she knew she was truly understood.

You are that woman. You are full of regret and self condemnation for the things you have done. Shame has stopped you from reaching out for God. But this man, Jesus knows all of that. He knows - yet He loves you and wants to set you free from that pain, sorrow and regret. Jesus understands you completely, more than you know. He chooses to remember your sins no more, to make you white as snow; to be your husband and for you to be His beautiful bride in the white gown. Allow Him to love on you and know you completely.



DAY 3



IDENTITY PRACTICE NUMBER 3.

- Count Your Blessings: First thing in the morning, make a list of ten blessings in your life you are grateful for. Write why you are grateful for each blessing
- Look at the picture below. Study it. Meditate on it. Describe everything you see and say the words out loud: This is me. This is the way God sees me. Thank you Jesus for being my loving, faithful husband.
- Print the picture below and post it on your mirror or in a place you will see it often. This may be difficult at first to accept that this picture represents you, but it is the way God sees you. Enjoy that feeling!!
- Just before you go to sleep, take your Prayer Reminder and ask yourself: How did I experience Holy Spirit today? How did He lead me and direct me? How was I prompted to love and in what way? Then find that one thing that you are most grateful for and thank Jesus for whatever that was.



DAY 4

ADOPTED

Ephesians 1:5 (NASB) “He predestined us to adoption as sons through Jesus Christ to Himself, according to the kind intention of His will,”

In ancient Rome, adoption had a powerful meaning. When a child was born biologically, the parents had the option of disowning the child for a variety of reasons. Therefore, some relationships were not necessarily desired by the parent, nor permanent. However, if a child was adopted this changed all of that. In Jesus time the Romans term for adoption meant:

- 1) That child was freely chosen by the parents, desired by the parents.
- 2) That child would be a permanent part of the family; parents couldn't disown a child they adopted.

An adopted child received a new identity. Any prior commitments, responsibilities and debts were erased. New rights and responsibilities were taken on. Also, in ancient Rome, the concept of inheritance was part of life, not something that began at death. Being adopted made someone an heir to their father, joint-sharers in all his possessions and fully united to them.

This is also true in our culture today, full rights and privileges for the adopted as being part of that family. The good news is that this is the perfect picture of your adoption. You have been given every right and the full inheritance from God. Paul tells us in Romans 8 that we are “joint heirs with Christ.” He is your brother and God is your Father. You have every right that Jesus had because God has freely given it to you. Here is the extent as to what was given to you as His adopted child:

Roman 8:32 (NASB) “He who did not spare His own Son, but delivered Him over for us all, how will He not also with Him freely give us all things?”

God would rather bankrupt heaven than live without you. Jesus would rather go to hell and back than to live without you. Everything that Jesus has is yours. Everything that you have is His. This includes your sin, your debt, your shame and self condemnation, all of it. He took everything upon Himself all that we could never pay and a future that was only full of desperation. God took all of that and then adopted you into His family. God reached down from heaven and said: “you are my special treasure, I have adopted you and you are my child. I will provide all of your needs because I am rich and full of love. You are with me forever. There is nothing you can do that can change that.”



DAY 4



IDENTITY PRACTICE NUMBER 4.

- **Count Your Blessings:** First thing in the morning, make a list of ten blessings in your life you are grateful for. Write why you are grateful for each blessing. Go back and read your list, either in your mind or out loud. When you get to the end of each one say: Thank you Jesus for blessing me - then-pause - and meditate on that feeling of gratitude for that blessing as much as you possibly can.
- Take a 3x5 index card or post it note and write: “I am His Adopted Son / Daughter. I have been given my full inheritance which is a gift from God.” Keep this with you throughout the day, read it often.
- As you go through your day today, in the store or just out and about, look for families with kids and watch their interaction. Purposefully look for and find parent child interactions. As you observe, find the good that you see from their example and thank your Heavenly Father for loving you so much. If you observe any negative interaction, also thank your Heavenly Father that this is not an example of how He treats us.
- Just before you go to sleep, take your Prayer Reminder and ask yourself: How did I experience Holy Spirit today? How did He lead me and direct me? How was I prompted to love and in what way? Then find that one thing that you are most grateful for and thank Jesus for whatever that was.



DAY 5

HIS BODY

1 Corinthians 12:27 (NASB) "Now you are Christ's body, and individually members of it."

Think of your amazing body. From head to toe how your body functions perfectly. You hardly have to care for your internal organs. For example without even asking, your heart beats continually 60-70 times a minute. Without even asking, your cells are reproducing; skin, brain, blood, hair working beautifully. Supplying what every part of your body needs from head to toe 24/7.

Then the external body parts: arms, hands, fingers, legs, feet toes all operate sometimes automatically then other times under your control. For example, when you are walking, you don't have to tell yourself, OK right foot, then left foot. You just do it automatically. Another example is driving a car. Your whole body is engaged. Leg, foot, arms, hands, eyes, ears all working perfectly in unison. There are times you drive automatically and others where you are fully engaged because of heavy traffic.

We are made in the image of God.

Genesis 1:26a -27 (KJV) "Then God said, "Let Us make man in Our image, after Our likeness," "So God created man in His own image, in the image of God He created him; male and female He created them."

When God created Adam from the dust of the ground, he had Himself in mind. He created a being in which he could live within. What I mean by that is: He always knew He would become a man in flesh by way of Jesus Christ. He also knew that He would reside in you as His body. So, He designed a body in such a way for Him to live in His creation. AMAZING!!

Maybe you have never thought of it this way, but you are God's body. Your arms, hands and feet are His because He is in you by way of Holy Spirit. In fact, you even have the mind of Christ. (1 Corinthians 2:16)

Now we ask ourselves: where does He begin and where do I fit in all of this? As stated earlier, there are some body parts we control and others we don't, they just "run" automatically if we allow them. Look at your hand right now. You can easily say that's me. But, after reading this section, you now know this is also God's hand because He indwells you by way of Holy Spirit.

Pay attention to this answer, because this is very important.....

Who is controlling your hand? If what you are using your hand for is anything related to love, then it is God controlling your hand. Love is the very purpose for which it was created. If it is anything outside of love then it is you taking back control and using it for the purpose which it was not created for.

This same "test" applies to every area of your life. Are your eyes looking with the eyes of love? Are your ears hearing with love? Is your mouth speaking from love? If the answer is yes, than you know this is God in you. He is working with you as One to live the life you were meant to live, which is love.

God is not out there somewhere. He is not in heaven waiting for you to call upon His name. God is your very breath. He is in you, with you, as you.

Just as you cannot separate yourself from your body, nor can God separate Himself from you. You are one body. Here are some verses to help cement this in your mind:

John 14: 20 (NASB) "In that day you will know that I am in My Father, and you in Me, and I in you."

Ephesians 1:13b (NASB) "having also believed, you were sealed in Him with the Holy Spirit of promise"

He is so committed to being in you that he "sealed" himself into you. Sealed is the same word which was used when Jesus was laid in the tomb and the seal of the emperor was placed on the stone so no one could get in or out.

God is not going anywhere. He designed you in such a way that you are the perfect vessel for Him to dwell in. You are His body.



DAY 5




IDENTITY PRACTICE NUMBER 5.

- **Count Your Blessings:** First thing in the morning, make a list of ten blessings in your life you are grateful for. Write why you are grateful for each blessing. Go back and read your list, either in your mind or out loud. When you get to the end of each one say: Thank you Jesus for blessing me - then- pause - and meditate on that feeling of gratitude for that blessing as much as you possibly can.
- **Have your thoughts turn to experiencing God through you in such a way that you see things differently “as if” Jesus is seeing everything through you.** Example: you see the sunset, see it with Gods eyes. You see a homeless person, see them through Gods eyes. How would He see and view these as you, with you? Live that way today.
- **Just before you go to sleep, take your Prayer Reminder and ask yourself:** How did I experience Holy Spirit today? How did He lead me and direct me? How was I prompted to love and in what way? Then find that one thing that you are most grateful for and thank Jesus for whatever that was.



DAY 6

HIS TEMPLE



1 Corinthians 3:16 (NASB) “Do you not know that you are a temple of God and that the Spirit of God dwells in you?”

For the first 5 days you learned just how in love God is with you. God is very intimate with you. He wants to be your groom, your father; you are His special possession and His very body. With that understanding of God’s love for you, you can now go forth and spread this good news to those around you.

In the Old Testament the temple was the dwelling place of God. There were a few different temples. There was a moveable tent from the Sinai wilderness journey. There was Solomon’s Temple and King Herod Temple. Each of these were called the dwelling place of God. Typically, God displayed Himself as a cloud. The cloud was a physical appearance of His presence. What is amazing is that everyone that ever drew near to the temple while in the presence of God was blessed. (Leviticus 9:23, 1 Kings 8:14; Psalm 65:4)

There was a specific location, a dwelling place, in Gods temple called the Holy of Holies. This is where God’s Spirit rested and where the annual animal sacrifices took place. As the children of Israel walked through the dessert, they would carry the temple with them. Wherever the nations of Israel went, the temple and tabernacle moved with them. It was a place where God’s spirit rested. At the time of Jesus, the temple was called: King Herods Temple. This is where, after the crucifixion of Jesus, the veil that separated the Holy of Holies was ripped in two - top to bottom. (Matthew 27:51)

This symbolizes the fact that God has left the confines of that earthy location of a temple and now transported His “cloud”, His “spirit”, His “dwelling place” in you!! You are now the dwelling place of God. His temple!!

If you are familiar with the Old Testament, the Holy of Holies is where they brought the sacrifices for the forgiveness of the nation. One animal sacrifice for the nation brought into the Holy of Holies and that one sacrifice made everything and everyone clean. This is what Jesus did as your representative. He was the one sacrifice that cleansed you, forgave you and now you are eternally made clean. This then is why God can call you His temple. You have been made clean and now you are His dwelling place.

So now, God’s temple is living, breathing, walking, talking, and spreading His blessings to everyone you encounter. You - as Him - are blessing everyone because His Spirit is in you. Just like in the Old Testament, everyone who encountered the temple was blessed. You are now that blessing to others! Everywhere you go - He goes. Everything you touch - He touches. Every word you speak - He speaks. You are His Temple the very dwelling place of God.



DAY 6



IDENTITY PRACTICE NUMBER 6:

- **Count Your Blessings:** First thing in the morning, make a list of ten blessings in your life you are grateful for. Write why you are grateful for each blessing. Go back and read your list, either in your mind or out loud. When you get to the end of each one say: Thank you Jesus for blessing me - then - pause - and meditate on that feeling of gratitude for that blessing as much as you possibly can.
- **Before you start your day, think about what you will be doing and who you may encounter. Be very deliberate about your plan by choosing three situations or people you are going to be a blessing to and write them down.**
- **Examples of what you may want to do:** Bring snacks to a meeting or flowers to brighten someone's day or sit with someone who needs company and pray for them or text someone an encouraging message.
- **Just before you go to sleep, take your Prayer Reminder and ask yourself: How did I experience Holy Spirit today? How did He lead me and direct me? How was I prompted to love and in what way? Then find that one thing that you are most grateful for and thank Jesus for whatever that was.**



DAY 7

HIS AMBASSADOR

2 Corinthians 5:20 (NASB) “Therefore, we are ambassadors for Christ, as though God were making an appeal through us; we beg you on behalf of Christ, be reconciled to God.”

Since you are the Body of God and the Temple of God everywhere you go you take God with you. You are then by default His Ambassador.

As we live in a global economy, most countries have ambassadors. Their role is to represent their countries interest in the foreign countries they visit, or in some cases, where they live. If that ambassador lives in that country they are still a citizen of the country they represent and must abide by all the rules and regulations of their own country. Here is the Wikipedia definition:

An ambassador is the President's highest-ranking representative to a specific nation or international organization abroad. ... One of the cornerstones of foreign diplomatic missions is to work for peace. This task can grow into a fight against international terrorism, the drug trade, international bribery, and human trafficking. Ambassadors help stop these acts, helping people across the globe.

This seems like a good definition of what your role as an ambassador for Christ is: High Ranking – Working Abroad – Work for Peace – Helping People. This is your identity in Christ. Your home is not of this world, you have a heavenly home that you are looking forward to going to some day. For now, you are to be God’s representative (Ambassador) here on earth. If you don’t do it, who else will?

You have God’s full authority to do this work on His behalf. Look at your commission:

Acts 1:8 (NASB) “but you will receive power when the Holy Spirit has come upon you; and you shall be My witnesses both in Jerusalem, and in all Judea and Samaria, and even to the remotest part of the earth.”

Hebrews 13:14-16 (TLB) “ For this world is not our home; we are looking forward to our everlasting home in heaven. With Jesus’ help we will continually offer our sacrifice of praise to God by telling others of the glory of his name. Don’t forget to do good and to share what you have with those in need, for such sacrifices are very pleasing to him.”



DAY 7



IDENTITY PRACTICE NUMBER 7.

- **Count Your Blessings:** First thing in the morning, make a list of ten blessings in your life you are grateful for. Write why you are grateful for each blessing. Go back and read your list, either in your mind or out loud. When you get to the end of each one say: Thank you Jesus for blessing me - then - pause - and meditate on that feeling of gratitude for that blessing as much as you possibly can.
- Today, find a button that you can pin on your clothes. In the morning, before you start your day, pin that button on you somewhere. Make that button represent that you are God's Ambassador. Wear it proudly. If someone asks tell them what it is. Each time you look at it to remind yourself that you are God's ambassador today.
- Repeat activity 6 today by finding three new blessings in three new situations to bless people.
- Just before you go to sleep, take your Prayer Reminder and ask yourself: How did I experience Holy Spirit today? How did He lead me and direct me? How was I prompted to love and in what way? Then find that one thing that you are most grateful for and thank Jesus for whatever that was.



DAY 8

HIS WORD



Matthew 28:19-20 (NASB) “Go therefore and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit, teaching them to observe all that I commanded you; and lo, I am with you always, even to the end of the age.”

If you notice, each day has been a progression. You have a new understanding of the intimacy of God’s love for you. We have then taken this into those around us to share this good news by being His body, temple and ambassador. Now you also have the authority to speak on His behalf.

Matthew 28 is commonly known as “The Great Commission.” It was one of the last statements of Jesus before He left in His ascension to God’s right hand. Notice the authority Jesus gives to His followers.

Make Disciples – Baptize – Teach

This calling is for you, not just the “leaders of the church.” You are called, and appointed to spread the good news of Jesus Christ and what He has done for everyone. Part of the purpose of this booklet is to give you the good news message so that you can share this with all who will listen. You are God’s word to a world that God calls: dead, blind and hearts turned cold. This is because the light of the good news has not been shed in their life. If you don’t do this, who will?

So now I hear you asking: “if I am God’s word, what do I say?”

Understanding your identity is so important because God is revealing your true purpose for which you were created. Once you know, and understand this, then you can share from your heart out of love. You can express what Jesus has done for you and allow Holy Spirit to guide your words.

Here is a simple approach to sharing with anyone. When people ask you questions about God, the best Bible translation is that of the person of Jesus Christ. If you want to know who God is - look at the life of Jesus and the words He spoke and the works He did. Since Jesus claims to be the only person who knows God and is the only one who has explained Him, then we need to point them to Jesus’ life and His words. See what Jesus claims:

John 1:18 (NASB) “Jesus said: No one has seen God at any time; the only begotten God who is in the bosom of the Father, He has explained Him. And, no one knows the Son except the Father; nor does anyone know the Father except the Son.”

Whatever questions or conclusions you come to regarding God, those all must be measured by the life and words of Christ. Being God’s word, you share what you know about Jesus and what He has done in your life. That’s it – period – no arguments – no debates – Jesus. Only Jesus.



DAY 8



IDENTITY PRACTICE NUMBER 8:

- **Count Your Blessings:** First thing in the morning, make a list of ten blessings in your life you are grateful for. Write why you are grateful for each blessing. Go back and read your list, either in your mind or out loud. When you get to the end of each one say: Thank you Jesus for blessing me - then- pause - and meditate on that feeling of gratitude for that blessing as much as you possibly can.
- **Read John 14:6, Matthew 5:16, 6:33, 7:7-8, 22:37-40**
- **Now, think of Jesus' journey, His life, and His actions. Write what you feel He is saying to you through any of these passages.**
- **Today, meditate on the life and words of Jesus. Become familiar with Him. Know Him. Then look for opportunities to share Him with others. Ask for Holy Spirit to show you who to share this with. He will open doors of opportunity.**
- **Just before you go to sleep, take your Prayer Reminder and ask yourself: How did I experience Holy Spirit today? How did He lead me and direct me? How was I prompted to love and in what way? Then find that one thing that you are most grateful for and thank Jesus for whatever that was.**



DAY 9

HIS LOVE



John 13:34 (NASB) "A new commandment I give to you, that you love one another, even as I have loved you, that you also love one another."

We are progressing through your identity. First you were chosen, then on a very personal level you learned you are His bride, adopted, His possession, body and temple. Then we moved into what that looks like as you walk this journey. You are His body, temple and word. It will not be until you understand the first eight days fully that you will be able to live out your identity of His Love. Let me explain.

There are two directions of love in our verse: the love that comes to you from God and love that extends to others. It will not be possible to extend love to others until you understand the love God has for you. I am going to repeat that, let these words sink in. It will not be possible to extend love to others unless / until you understand the love God has for you. You cannot give what you don't have. If you still sense or feel that you must work or do something to "earn God's love" then you will never be able to love as Christ commanded. For eight days you have read about all of God's actions and what He has done for you. There were no conditions, no strings attached. Once you know that there is nothing you can do to earn God's love, you will then be open to love others...with no strings attached....and no judgments.

Like a groom to his bride, God wants you to know His love for you that you will want to share that love with others. You will also recognize that those that you love are also in the same position you are - Chosen, His Bride, His Body...they just don't know it yet. Their identity is still wrapped up in themselves or in the world. We need to be the Word of God and Love of God so they can hear and believe.

Ephesians 4:17b-18 (NASB) "...that you must no longer live as the Gentiles do, in the futility of their thinking. They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts."

John 13:35 (NASB) "By this everyone will know that you are my disciples, if you love one another."

So, you are His love. What does that mean?

Since you are His body, (hands, feet, mouth, eyes) then you are the way which God expresses Himself to this world. He is you, talking, walking and speaking by way of Holy Spirit. Remember, you are ONE with Him. There is no separation. When you love, you are doing the "work" of God.

"Wait.....I thought you said God was doing the work in me..... this is confusing, how do I know when it's me and when its God?"

LOVE

Being ONE with God and LOVE - you are allowing God to be God through you!! Imagine that, you are loving with the love of God as God, with God, for God.

No...this does not make you God.

As described at the beginning of this book, think of it this way. I have a gallon of water. From that gallon of water I pour out some water into a cup. Is that cup the full gallon of water? No. But the water in the cup is from the gallon, so a part of the water is in the cup which makes it a part of the gallon but not the whole. I am not God, but, I have His very being in me by way of Holy Spirit. We are ONE.

John 14:20 (NASB) "In that day you will know that I am in My Father, and you in Me, and I in you."

When you completely understand the love which God has loved you, then you will be able to love others the way God loves you - unconditionally!!



DAY 9



IDENTITY PRACTICE NUMBER 9.

- **Count Your Blessings:** First thing in the morning, make a list of ten blessings in your life you are grateful for. Write why you are grateful for each blessing. Go back and read your list, either in your mind or out loud. When you get to the end of each one say: Thank you Jesus for blessing me - then - pause - and meditate on that feeling of gratitude for that blessing as much as you possibly can.
- Today as you look at anyone you encounter today, imagine that you were seeing them through the eyes of Jesus. See them the way Jesus sees them. Then pray that Holy Spirit would show you how to love them. Do you pray for them on the spot? Do you smile and say hello? Do you talk to them about what God has done in your life? Allow God to speak to you in the moment, and allow yourself to listen and follow through and do what is said. Just love on them.
- Has God to put a person in your heart that you could be praying for. Pray for them for the rest of this Identity series.
- Just before you go to sleep, take your Prayer Reminder and ask yourself: How did I experience Holy Spirit today? How did He lead me and direct me? How was I prompted to love and in what way? Then find that one thing that you are most grateful for and thank Jesus for whatever that was.



DAY 10

HIS LIFE



Colossians 3:3-4 (NASB) “For you died, and your life is now hidden with Christ in God. When Christ, who is your life, appears, then you also will appear with him in glory.”

Romans 6:11 (NIV) “In the same way, count yourselves dead to sin but alive to God in Christ Jesus.”

The condition that God found you was that of being “dead”, “lost” and “separated in your own mind.” You alienated yourself from Him. This made you dead. You had to be brought back to life. You had to be found so that you could be reunited with the purpose for which you were created – love and fellowship with your Heavenly Father. Strange as it may sound, you now need to count yourself dead – but now dead to sin and alive in Christ. This means the one who is alive in you is Christ by way of Holy Spirit. He now has His life in you. It is no longer you who live but Christ lives in you. (Galatians 2:20).

So, to be His life, means: Acts 17:28a (NASB) “ For in him we live, and move, and have our being; ...”

There is no where you can go that God is not with you. He is your very life and being. The way you live this out is by considering yourself dead. That means that whatever is not out of love is not from God, for God is love. To be more specific, God will manifest or show or reveal, and demonstrate Himself as your life through the fruits of Holy Spirit. So, you can always tell when you are operating in the life of Christ when you see the fruits of the Spirit flowing out of you. That fruit is found in the book of Galatians:

Galatians 5:22-23 (NASB) “But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.”

These will be your guideposts to guide your way and know if you are following / listening / being directed by Holy Spirit. If this fruit is coming out of you, then you know you are living the Life of Christ in you!!

The fruit comes from the Tree of Life which is Jesus. This tree is alive, and full of fruit, the fruit of the Spirit. This tree can also be described as a vine. We have to remember where our life comes from, it comes from the vine.

John 15:5 (NIV) “I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.

This verse is amazing because it says apart from me you can do nothing. Have you ever cut a branch from a tree, stuck it in the ground and then have it grow. It doesn't grow. It withers and dies. That is you outside of Christ, trying to “do” this life without Him. Apart from Him, you can do nothing. So, since you were once dead but now alive, remain in Him.



DAY 10

IDENTITY PRACTICE NUMBER 10:

- **Count Your Blessings:** First thing in the morning, make a list of ten blessings in your life you are grateful for. Write why you are grateful for each blessing. Go back and read your list, either in your mind or out loud. When you get to the end of each one say: Thank you Jesus for blessing me - then - pause - and meditate on that feeling of gratitude for that blessing as much as you possibly can.
- Take a self-evaluation in your life.
- Do you see the life of Christ in your life through the fruit of the Spirit coming out of you? Write down which fruit and how.
- Fruit Occurrence / how did it show itself?
- Just before you go to sleep, take your Prayer Reminder and ask yourself: How did I experience Holy Spirit today? How did He lead me and direct me? How was I prompted to love and in what way? Then find that one thing that you are most grateful for and thank Jesus for whatever that was.



DAY 11

I AM HOLY



Ephesians 1:4 (NASB) “just as He chose us in Him before the foundation of the world, that we would be holy and blameless before Him. In love...”

Starting today until day 21 the transition will be from what God has done for you and “what I am” to now “who I am”. We will look at I am statements about how God sees you. The typical definition of faith is: “you trust in God, knowing who He is and that He is someone we can trust for your life and your future.” But, there is another definition of faith which is: “Faith is agreeing with what God believes about you.” As you step into these truths, even though it may not feel as if these are true for you right now, that does not change the facts. These are true regardless if you believe them or not. They will keep being true until either you or God changes their mind. News flash.... God does not change His mind – therefore, renew your mind to these truths and allow these truths to set you free. (Romans 12:2)

“WOW, I’m Holy?? I thought that was only reserved for God.” Holy means “set a part” – “different” – “to be as it were, exclusively His.”

Notice when this being made holy or “set a part” occurred – before the foundation of the world. This means before you sinned or thought yourself separate from Him, He separated Himself to you and called you holy before Him. Notice who we are holy before. Is it in my eyes? Is it in the world’s eyes? No, we are holy before His eyes. If the God that created you and breathed His life in you and made you ONE with Him and He’s the one who calls you Holy, I would hope that everyone, including yourself would agree with God.

God has already made up His mind about you!!
God made up His mind before time began!!
God declared that you are Holy – set apart – just for Him!!

What made you holy was God’s perfect sacrifice which He provided for you, His one and only Son, Jesus Christ. What are you going to offer God to change His mind if he has already offered himself, His very own Son to change your mind? Gods mind does not need to be changed. There is nothing in God that desires to harm you, hurt you or needs re-payment. His gift of holiness to you is freely given, now freely receive it.

You need to renew your mind about who God is. This is one of the reasons God sent Jesus, to give us understanding of who God really is and understand God’s true identity. When you understand that God is not vengeful or angry but is full of grace and mercy. This frees you up to understand who you really are.

Enjoy the freedom this gives you to love Him with all your heart because He first loved you. You don’t have to worry, God will never change His mind about anything you will ever do, say or think. Don’t just take His word for it. See the demonstration of that commitment to you.

Romans 5:8 (NASB) “But God demonstrates His own love toward us, in that while we were yet sinners, Christ died for us”

Jesus died physically in 33AD. How many of your sins were in view at the cross? All of them, right? So, all of your sins, past, present and future were all covered by the blood of the Lamb which takes away the sins of the world. (John 1:29) This is why you are holy!!
Believe what God believes about you – you are Holy – Set Apart for Him.



DAY 11

IDENTITY PRACTICE NUMBER 11:

- **Count Your Blessings:** First thing in the morning, make a list of ten blessings in your life you are grateful for. Write why you are grateful for each blessing. Go back and read your list, either in your mind or out loud. When you get to the end of each one say: Thank you Jesus for blessing me - then- pause - and meditate on that feeling of gratitude for that blessing as much as you possibly can.
- Allow your mind to be renewed today with thoughts about you being set apart. What is it that makes you different than anyone else in regards to your history or your talents. Think of these as reasons for you to be set apart and now use your life (history and talents) to be set apart for Him.
- On the next page, follow the instructions on the activity worksheet. Continue working on this for the next 3-5 days.
- Just before you go to sleep, take your Prayer Reminder and ask yourself: How did I experience Holy Spirit today? How did He lead me and direct me? How was I prompted to love and in what way? Then find that one thing that you are most grateful for and thank Jesus for whatever that was.

I AM Set Apart
What Makes Me, Me?

My Experiences My Talents

List 3-5 Life Events List talents or skills

That has shaped my life that shape who I am

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

Continue to work on this over the next 3-5 days. Find your own uniqueness, what makes you, you!!



DAY 12

I AM BLAMELESS



Ephesians 1:4 (NASB) “just as He chose us in Him before the foundation of the world, that we would be holy and blameless before Him. In love”

If being Holy were not enough, God also tells you that you are also blameless. This is truly remarkable to think that God sees you as blameless. Like me, I am sure you don't consider yourself without blame. There are a lot of things you have done that are “your fault”. Turning away from God, denying Him, even sinning on purpose are just a few reasons that might come to your mind. Yet, this statement is so clear that the only conclusion is to agree with God. (Faith) The important part is to understand how you received this “blameless verdict”.

Luke 23:34a (NASB) “But Jesus was saying, “Father, forgive them; for they do not know what they are doing.”

Hebrews 9:14 (NASB) “how much more will the blood of Christ, who through the eternal Spirit offered Himself without blemish to God, cleanse your conscience from dead works to serve the living God?”

God, knowing that we viewed ourselves as separate from Him decided on His own to forgive even the sins that “we know not what we do.” Jesus, the blameless one, offered Himself as our representative to cleanse our conscience. What this means is the guilt and condemnation that you have for yourself has been wiped clean, to the point of you being without fault, blameless.

Jesus offered Himself blameless to God to cleanse your conscience from dead works. What are those dead works? Thinking you can do something to make yourself blameless. God is asking you to serve Him out of love, not out of a guilty conscience. Not because you have to, but because you want to.

Have you ever committed a sin, or done something wrong and did it in such a way that you thought you got away with it? Not getting caught did you feel guilty about doing that? This will weigh on your mind and your conscience with condemnation and guilt. If you read Hebrews 9, in context it is telling you that your sins have been so far removed, and forgotten that you should not feel guilt or condemnation any more. Because the result of that guilt is you serve God out of obligation, because you have to. This is called “dead” works. God wants you to know He sees you as guiltless. Jesus, who was not guilty of any sin or blame became guilty for you to set you free.

Blameless. Let this sink in. You are blameless, “as if” you never sinned. That is how God sees you. Again, not because of anything you did...or didn't do...it is ALL because of Jesus!!

Now what are the works that we should do from our new identity of being blameless? It is to love one another and to not hold our sins against each other. Forgive others as Christ has forgiven you. Your motivation is now love - not fear or revenge. Understand that the world's eyes have not been open yet to this truth and grant them the same love, patience and mercy that God has for you.



DAY 12

IDENTITY PRACTICE NUMBER 12:

- **Count Your Blessings:** First thing in the morning, make a list of ten blessings in your life you are grateful for. Write why you are grateful for each blessing. Go back and read your list, either in your mind or out loud. When you get to the end of each one say: Thank you Jesus for blessing me - then- pause - and meditate on that feeling of gratitude for that blessing as much as you possibly can.
- Today, think back through your life and find 1 or 2 people that you hold a grudge against. These are ones that maybe have hurt you in some way and you have blamed them for whatever reason. You need to forgive them.
- Continue to work on Day 11 practice.
- Forgiveness is a transaction in which you release another person from a debt. Once forgiven, they no longer owe you an apology or restitution. They owe you nothing because you have forgiven them. And you will no longer seek to make them pay with unkind words or thoughts intended to hurt them. You count them as blameless.
- Just before you go to sleep, take your Prayer Reminder and ask yourself: How did I experience Holy Spirit today? How did He lead me and direct me? How was I prompted to love and in what way? Then find that one thing that you are most grateful for and thank Jesus for whatever that was



DAY 13

I AM ONE WITH HIM



John 14:20 (NASB) “In that day you will know that I am in My Father, and you in Me, and I in you.”

One. When God uses the word One, He means many are One. It could be two, three or a billion. We are One with Him. He set it up that way. It was His choice. Just like in Genesis 2:24, one man, one woman brought together and the two became one. Paul in Ephesians calls this a mystery, as he was talking about the church.

But, let's keep this simple, let's just talk about you. Think about this: you are One with God!! Does this make you God....NO!! As reviewed in the introduction of this book, the gallon of water and the cup, we are part of the whole. We are the cup filled with water from the gallon of water. The water is God, Holy Spirit. God decided to deposit into your life a portion of Himself! His Spirit lives in you which makes you One with Him. Again, this is a mystery.

In John 14 Jesus spoke at the time of Passover in the upper room. Jesus was sharing with His disciples that He was going away, but that He was also going to come back and not leave them (you) as orphans. He was comforting them (you) saying that God would send a Helper which is God's Spirit of Truth and that He would abide (live) with you and be in you. (John 14:16-20)

John defines Holy Spirit as our Helper. This word in the original Greek is “Paraclete”, which is an advocate, intercessor, counselor, comforter. And Jesus states that He is the one with you.

This life is hard with many difficulties, trials and temptations. You pray asking God for help and to please answer your prayers because you want to do the right thing. There are many around you who can support you; Your spouse, friends, family and even “Google” to help find “informed” answers. All of these may be good, but, they do not know you like Holy Spirit. He knows you on a personal level. In fact, He knows you better than you know yourself. The very hairs of your head are counted. What better person to turn to for guidance, comfort and council than Holy Spirit who is in you. You don't have to reach “out there” or “up to heaven” for answers. The answer is in you, because you are One with Him.

1 Thessalonians 5:17

Pray without ceasing. (KJV)

pray constantly, (CSB)

and never stop praying. (CEV)

pray at all times, (GNT)

pray continually, (NIV)

Holy Spirit is so close to you that you can have a constant dialog with Him. Above I provided several translations of this simple verse so you can get the idea of what you should be doing. 24/7 you can and should be talking to your guidance counselor and your comforter, Holy Spirit. Prayer or speaking to God is not a ritual or formula. It's a relationship. There are no rules that must be followed. Speaking, sharing, talking, laughing, crying, listening, these are all things that make up prayer. Just as you would have a conversation with a friend, or even a spouse, it is intimate and easy. He is always listening and talking. You are one.

Holy Spirit will give you all the answers and guidance you need. Do you trust Him? Can you let go of all the answers you thought you had and trust that small still voice? This is the reason for the 21 days of Gratitude and 21 Days of Identity to open your ears, eyes, heart and mind to Holy Spirit. He has ALWAYS been with you; you were just blind to the fact. Now that your eyes are being opened you are seeing Him more and more all around you.

Can you hear His voice right now as you read these words? Can you hear Him say to you: “my child, you are One with Me. There is no separation. I have brought heaven down which is my presence and I make my residence in you. I have not left you an orphan, I have adopted you, loved you and we are One.” Today is that day - right now - in this very moment - as you are reading this - agree with God that you are One with Him.

John 14:20 (NASB) “In that day you will know that I am in My Father, and you in Me, and I in you.”



DAY 13



IDENTITY PRACTICE NUMBER 13:

- **Count Your Blessings:** First thing in the morning, make a list of ten blessings in your life you are grateful for. Write why you are grateful for each blessing. Go back and read your list, either in your mind or out loud. When you get to the end of each one say: Thank you Jesus for blessing me - then- pause - and meditate on that feeling of gratitude for that blessing as much as you possibly can.
- **Pray this prayer:** Heavenly Father, thank you for not leaving me as an orphan. Thank you for sending me your own personal comforter to live in me. Help me to hear that small still voice which brings comfort and guidance.
- Today, finish exercise from Day 11
- As you go through the day, take every thought captive. Listen to that small still voice and then follow that guidance which is to Love.
- Just before you go to sleep, take your Prayer Reminder and ask yourself: How did I experience Holy Spirit today? How did He lead me and direct me? How was I prompted to love and in what way? Then find that one thing that you are most grateful for and thank Jesus for whatever that was.



DAY 14

I AM FORGIVEN

Ephesians 1:7-8a (NASB) "In Him we have redemption through His blood, the forgiveness of our trespasses, according to the riches of His grace which He lavished on us."

How rich is God? Realistically, how wealthy is God? Would you say infinite? Rich in love, mercy and grace?

How forgiving is God? No, really, how forgiving is God? Would you say infinite? No bounds complete, perfect.

Why do we limit God into thinking that we are responsible for the measure in which God forgives us? Why do I think that anything that I can do or say can separate me from that love and forgiveness? Why do I think I have to keep "short accounts" of my sins and remember to confess them or else they will not be forgiven? Why do I think that unless I confess my sins they will not be forgiven? Why do I think that God is against me if I sin and only for me when I am good? How good is good enough?

These are all lies coming from the schemes of Satan. Deceiving you into thinking God has not lavished His forgiveness on you and for you to live in fear of condemnation from God.

Look at the evidence found in scripture regarding the extent of your forgiveness:

Romans 8:1 (NASB) "Therefore there is now no condemnation for those who are in Christ Jesus."

Hebrews 8:12 (NASB) "For I will be merciful to their unrighteousness, and their sins and their iniquities will I remember no more."

Hebrews 10:17 (NASB) "AND THEIR SINS AND THEIR LAWLESS DEEDS I WILL REMEMBER NO MORE."

1 Peter 3:18 (NASB) "For Christ also died for sins once for all, the just for the unjust, so that He might bring us to God, having been put to death in the flesh, but made alive in the spirit;

Romans 6:10 (NASB) "For the death that He died, He died to sin once for all; but the life that He lives, He lives to God."

Ephesians 1:7-8a (NASB) "In Him we have redemption through His blood, the forgiveness of our trespasses, according to the riches of His grace which He lavished on us."

John 1:29 (NASB) "The next day he saw Jesus coming to him and said, "Behold, the Lamb of God who takes away the sin of the world"

John 3:16-17 (NASB) "For God so loved the world, that He gave His only begotten Son, that whoever believes in Him shall not perish, but have eternal life. "For God did not send the Son into the world to judge the world, but that the world might be saved through Him. "

Romans 5:6-8 (NASB) "For while we were still helpless, at the right time Christ died for the ungodly. For one will hardly die for a righteous man; though perhaps for the good man someone would dare even to die. But God demonstrates His own love toward us, in that while we were yet sinners, Christ died for us."

Romans 5:18-19 (NASB) "So then as through one transgression there resulted condemnation to all men, even so through one act of righteousness there resulted justification of life to all men. For as through the one man's disobedience the many were made sinners, even so through the obedience of the One the many will be made righteous. "

Colossians 1:13-14 (NASB) "For He rescued us from the domain of darkness, and transferred us to the kingdom of His beloved Son, in whom we have redemption, the forgiveness of sins."

Colossians 1:21-22(NASB) "And although you were formerly alienated and hostile in mind, engaged in evil deeds, yet He has now reconciled you in His fleshly body through death, in order to present you before Him holy and blameless and beyond reproach—"

1 John 2:12 (NASB) "I am writing to you, little children, because your sins have been forgiven you for His name's sake."

Romans 8:38-39 (NASB) "And I am convinced that nothing can ever separate us from God's love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow—not even the powers of hell can separate us from God's love. No power in the sky above or in the earth below—indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord."



DAY 14

I AM FORGIVEN

With all this evidence, are you ready to believe? This all goes back to the Garden of Eden when Satan tempted Adam by asking: "Did God really say?" Adam was already One with God, yet he choose to believe a lie that he was not. A lie that fueled him to thinking he had to do something to become what he already was, a child of God.

When Adam fell, who was it that went looking for Adam? God!! If there was any separation or breaking of fellowship or God turning His back on Adam it would have been at that very moment. But Christ died before the foundation of the world. This means that even before Adam fell, God knew and already had provisioned for that fall. This means Adam had already been forgiven, just like you are already forgiven.

We now need to share this amazing news to a broken world. In the 21 Days of Gratitude, and in the study "Switch on Your Brain" by Dr. Caroline Leaf, we learned about entanglement and the importance of forgiveness. What this means is that each one of us are connected. As we love each other, that connection becomes stronger. We become entangled to the point where the thoughts and feelings I have for those closest to me affect them as much as they affect me. This is what forgiveness is all about. If I am unwilling to forgive, that becomes toxic to my brain - literally. The protein structure in my brain is impacted negatively. This then causes me to have wrong thoughts which then causes the voice of Holy Spirit to be quenched out.

This is why Jesus so clearly states that if, while you are presenting a gift at the altar (or praying) and remember your brother has something against you (or you with him), leave and be reconciled (or ask for forgiveness). (John 5:23-24).

It is more important to forgive and reconciled with your brother than offer gifts to God.

This is exactly what God has done with you. He stopped what He was doing and came after you and is telling you, you are forgiven. God is saying:

"I am reconciled with you; now accept my free gift of forgiveness. I am entangled with you. I designed you this way. We are One and there is no separating us. Stop thinking you need to do something for me in order for me to love you, I already do and to prove it, I sent you myself to die for you and show you just how far I am willing to prove it to you. Now accept your forgiveness. Stop condemning yourself for something I don't even remember."

Listen to what God is saying to you: I am bigger than your sin. I have lavished my forgiveness all over you. Think of the prodigal son. When the son returned, the father did not allow his son to finish the confession speech he prepared. Instead the father embraced him and kissed him, then placed him back in his rightful position of sonship. The son never lost that position, except for him thinking he did.

You are lavishly forgiven. The blood of Jesus was complete. When Jesus was on the cross He declared "it is finished". Allow the finished work of Jesus to complete its work in you by agreeing with God that He has declared you Holy, Blameless and yes, even Forgiven.

All sins forgiven Past - Present - Future

It's NOT ABOUT YOU REMEMBERING YOUR SINS

It's about waking up every day saying THANK YOU THAT I AM FORGIVEN

Jesus says: "It is not about your relationship with Me. I fixed that when I gave My life for you. You and I are good. You are forgiven. 100%. Although I want you to remember and rejoice in Me, I don't want you to just focus on Me. It's also about your relationship with Others- to love them as freely as I have loved you!!

With my Spirit in you, you can experience me loving others through you. As such, you can know and feel the joy of what loving others brings - the same joy that I have when I love on you! The most accurate measurement of your worship of Me is not in the love you say you have for Me, but in the love you express to others."

For this is the very purpose for which you were created - to receive my love and to love others."

John 13:34 (NLT) "So now I am giving you a new commandment: Love each other. Just as I have loved you, you should love each other."



DAY 14

IDENTITY PRACTICE NUMBER 14.

- **Count Your Blessings:** First thing in the morning, make a list of ten blessings in your life you are grateful for. Write why you are grateful for each blessing. Go back and read your list, either in your mind or out loud. When you get to the end of each one say: Thank you Jesus for blessing me - then- pause - and meditate on that feeling of gratitude for that blessing as much as you possibly can.
- Today is about forgiving others. Today is about those that you are entangled with and setting you free. Find 3-4 people in your life which you need to forgive. Write their names down in the space provided below and pray for them and if needed reach out to them and ask for their forgiveness. If they have hurt you then you need to forgive them and release those toxins from your life.
- Just before you go to sleep, take your Prayer Reminder and ask yourself: How did I experience Holy Spirit today? How did He lead me and direct me? How was I prompted to love and in what way? Then find that one thing that you are most grateful for and thank Jesus for whatever that was.



DAY 14

FORGIVENESS WORK

Name:

What you are going to do to reconcile:

Name:

What you are going to do to reconcile:

Name:

What you are going to do to reconcile:

Name:

What you are going to do to reconcile:

Name:

What you are going to do to reconcile:

Name:

What you are going to do to reconcile:

Name:

What you are going to do to reconcile:

Name:

What you are going to do to reconcile:



DAY 15



I AM RIGHTEOUS

2 Corinthians 5:21 (NASB) “He made Him who knew no sin to be sin on our behalf, so that we might become the righteousness of God in Him.”

Imagine you are living as a Jew in the Old Testament, before the time of Christ. You were required by Jewish law, every year, to bring a sacrifice for your sins. That sacrifice was typically represented by an animal. However, it could not be just any animal it needed to be a spotless, perfect animal. For example, a lamb. The wool had to be spot free. It could not be crippled or blind or have any other defects.

Now, imagine, you bring your perfect lamb to the temple and present it to the temple priest. This is your sacrifice for your sins for the year. So, what does the priest do? Does he inspect you or does he inspect your animal? Of course it is your animal. If he was to inspect you, the result would be “guilty”. Instead, He walks around the animal and does a complete inspection to make sure there are no defects. For the priest knows, this must be a perfect sacrifice or it would not be acceptable. So, his inspection is thorough. The result of that inspection, if the animal is defect free would be, “guiltless”.

Now imagine, the priest confirms that your sacrifice is perfect and acceptable. He then asks you to lay your hands on the head of the lamb. You then say a prayer of confession in which your sins are transferred to that animal and in turn, the animal’s perfection or righteousness is transferred to you. This was the sacrificial system in the Old Testament. See illustration below:

Now, let’s apply this to the New Testament. Who is the Lamb of God who takes away the sin of the world? Jesus Christ.

1 Peter 3:18 (NASB) “For Christ also died for sins once for all, the just for the unjust, so that He might bring us to God, having been put to death in the flesh, but made alive in the spirit;”

Hebrews 10:12 (NASB) “ but He, having offered one sacrifice for sins for all time, SAT DOWN AT THE RIGHT HAND OF GOD,”

You no longer need to come to the priest for your sins to be forgiven because Jesus did it once for all. One sacrifice for all time.

So now, God (the priest), in His lavish love has transferred the righteousness of the Perfect Lamb of God (Jesus) to you. And God (the priest), took ALL of your unrighteousness and transferred it to Jesus. As stated above, this was a ‘One Time for all Time’. You are now the righteousness of Christ because it has been credited to you. It is a gift.

Did that lamb do anything to deserve your sin to be transferred to it? No. Did you do anything to deserve to have your sins forgiven and transferred to the Lamb? No. This is what God has done on your behalf. He has freely given you His righteousness and because the sacrifice was a perfect one, all your sins can be counted as forgiven and forgotten. Never to be counted against you ever again.

Hebrews 10:17 (NASB) “AND THEIR SINS AND LAWLESS DEEDS I WILL REMEMBER NO MORE.”

Say this with me now: “I am the Righteousness of God in Christ”!!

2 Corinthians 5:21 (NASB) “He made Him who knew no sin to be sin on our behalf, so that we might become the righteousness of God in Him.”



DAY 15

IDENTITY PRACTICE NUMBER 15:

- **Count Your Blessings:** First thing in the morning, make a list of ten blessings in your life you are grateful for. Write why you are grateful for each blessing. Go back and read your list, either in your mind or out loud. When you get to the end of each one say: Thank you Jesus for blessing me - then- pause - and meditate on that feeling of gratitude for that blessing as much as you possibly can.
- Today, meditate on the sacrifice that was given on your behalf. Without you asking, Jesus gave His life for you.
- Throughout the day, say this phrase as often as you can remember. Write it down and post it somewhere you will remember: “I am the Righteousness of God in Christ”.
- Just before you go to sleep, take your Prayer Reminder and ask yourself: How did I experience Holy Spirit today? How did He lead me and direct me? How was I prompted to love and in what way? Then find that one thing that you are most grateful for and thank Jesus for whatever that was.



DAY 16



I AM REDEEMED

Colossians 1:13-14 (NASB) “For he has rescued us from the dominion of darkness and brought us into the kingdom of the Son he loves, in whom we have redemption, the forgiveness of sins.”

Definition of redemption: a releasing effected by payment of ransom; redemption, deliverance, liberation procured by the payment of a ransom; to let one go free on receiving a paid price.

Did you know you had a debt that was required? A debt which you could never pay. You could not pay it because it required your death. That does not sound too appealing does it? You need to die in order to be set free from this debt that you owe. What is this debt that is owed? Sin. And that sin had a debt.

Romans 6:23 (NASB) “For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.”

So, since there is a payment that is owed, how are you going to clear your debt? Thank God for sending His Son to make that payment on your behalf.

Jesus paid a debt He did not owe so that you can be set free from a debt you could never pay. This is what love does. It does not take into account repayment. Love acts on the behalf of others. But, after God made your payment for you, He did not just leave you in that place of darkness which is where you were. He then moves you into His Kingdom, the Kingdom of His dear Son.

You are redeemed and then Adopted and are His lawful son or daughter because He “paid” for your redemption. You no longer live in the dominion of darkness but now you live in God’s Kingdom and you reign with Him.

Notice this is free to you. It is a gift. (Romans 6:23) What do you do with a gift that you want? You receive it. Receive your gift right now of forgiveness and redemption. Free means there is no repayment. There is nothing you need to do to repay God who freely gives His life to you. In fact, if you start doing “things” because you think you owe God something, then the gift no longer is a gift it becomes something you earn. Rest from your works of thinking you owe God anything, because you don’t. Freely given, freely receive.



DAY 16

IDENTITY PRACTICE NUMBER 16:

- **Count Your Blessings:** First thing in the morning, make a list of ten blessings in your life you are grateful for. Write why you are grateful for each blessing. Go back and read your list, either in your mind or out loud. When you get to the end of each one say: Thank you Jesus for blessing me - then - pause - and meditate on that feeling of gratitude for that blessing as much as you possibly can.
- Throughout your day today as you pay for anything, what you are doing is “redeeming” that item. You are exchanging your money, for that thing. Each time you do this, thank God for the payment He made for your salvation.
- Just before you go to sleep, take your Prayer Reminder and ask yourself: How did I experience Holy Spirit today? How did He lead me and direct me? How was I prompted to love and in what way? Then find that one thing that you are most grateful for and thank Jesus for whatever that was.



DAY 17



I AM PERFECT

Hebrews 10:14 (NASB) “For by one sacrifice he has made perfect forever those who are being made holy”

Where does your mind go when you hear the phrase, you are perfect. If you are like me, my response is – no way, impossible, that’s not me. We then need to go to the source of who made this statement, none other than God Himself. He declares this is who you are. He also explains how you got that way – by the ONE sacrifice, Jesus.

If you were to look into the context of Hebrews 10 the author is speaking about the sacrificial system of the Old Testament under the Law. As described on day fifteen the sacrificial system was about bringing an animal, typically a lamb, as a sacrifice for your sin. But, Hebrews 10 verse 1 describes that those were only a shadow of good things to come. That those sacrifices could never make perfect those who brought such sacrifices. This is the reason they offered sacrifices year after year.

Then verse 4 concludes that it was impossible for the blood of bulls and goats to take away sins and make the believer perfect.

Verse 10 declares the blood and body of Jesus was the perfect sacrifice because it was once for all. This single act of sacrifice has the power – the ability – the approval from God to perfect you for all time.

This was nothing that you did nor had to do. It was 100% God in Christ perfecting all. So, what does it mean to “be perfect”. In the original Greek language the definition is: to bring to an end, to complete, perfect. You could also phrase your perfection as being complete, nothing else to be done. Similar to God’s creation when He rested on the 7th day, there was nothing else to be done, because His work was complete – perfect.

Agree with God and think of yourself as complete, lacking nothing – perfect – and then rest in that perfection. All the stress of trying to perfect yourself is removed. Just as God rested on Day 7, you rest in the perfection of how God made you.

Let’s drill into that a little more with illustrations. If you look at a beautiful painting or a sculpture or even an amazing sunset, you say to yourself: “this is perfect, there is nothing I would change.” You then enjoy it’s very existence, looking at it in awe and wonder. You wouldn’t dare take a brush out and add a little color here or there. You wouldn’t take a hammer and chisel and make a few adjustments on the sculpture.

Nor would you change that amazing sunset. All of this applies to you, God sees you in Jesus as perfect. He is standing back, looking at you in Jesus and saying – nothing more to do – Perfect!!



DAY 17



IDENTITY PRACTICE NUMBER 17.

- **Count Your Blessings:** First thing in the morning, make a list of ten blessings in your life you are grateful for. Write why you are grateful for each blessing. Go back and read your list, either in your mind or out loud. When you get to the end of each one say: Thank you Jesus for blessing me - then - pause - and meditate on that feeling of gratitude for that blessing as much as you possibly can.
- Today, throughout the day, find everything you can that is “perfect” to you. Your cat, your dog, your kids, your spouse your cup of coffee. Think about how silly it would be to think you could add anything to their perfection to make them better. Then, thank God for having them in your life and for making you perfect, in His sight and now in yours.
- In addition, select five things or people that you appreciate in your life. Write one reason why for each in your journal. Thank God for them in your life.
- Just before you go to sleep, take your Prayer Reminder and ask yourself: How did I experience Holy Spirit today? How did He lead me and direct me? How was I prompted to love and in what way? Then find that one thing that you are most grateful for and thank Jesus for whatever that was.



DAY 18

I AM BLESSED



Ephesians 1:3 (NASB) “Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ,”

What is a spiritual blessing? Paul explains what our blessings are in the verses following in Ephesians 1.

Chosen (vs 4)

Holy (vs 4)

Blameless (vs 4)

Adopted (vs 5)

Redemption (vs 7)

Forgiveness (vs 7)

Made known to us the mystery of His will (vs 9)

Sealed in Holy Spirit (vs 13)

God’s possession (vs 14)

God has freely given you these amazing blessings. None of these verses contain anything about having to do anything for these blessings. They are freely given. So, freely receive. Additionally, these are all “past tense” statements meaning, God accomplished this before you were even born. As you learned on day one, this all was given to you before the foundation of the world because this is when you were chosen. Chosen to be blessed!

What do you do with such blessings? First, say WOW and Thank You to the Father for giving you such amazing blessings. Second, agree with God that these are yours (Faith, Believe). Third, REST in the fact that there is nothing you need to do to gain or lose these. They are yours as your inheritance. God then sealed you with His Spirit as a guarantee. Fourth, be a blessing to others. Share this good news with all that will hear. Please note, you share out of being blessed, not to get blessed.

However, like planting seeds in your heart soil, these blessings will grow and mature in your life. Allow these seeds to go deep into your heart and life as described in this parable by Jesus:

Mathew 13:31-32 (NIV) “He told them another parable: “The kingdom of heaven is like a mustard seed, which a man took and planted in his field. Though it is the smallest of all seeds, yet when it grows, it is the largest of garden plants and becomes a tree, so that the birds come and perch in its branches.”

Be the tree of blessing to others so that they also find the rest that they are looking for. Rest from trying to find their identity in themselves or from the world. Share with them that their identity can only be found in Christ.



DAY 18



IDENTITY PRACTICE NUMBER 18.

- **Count Your Blessings:** First thing in the morning, make a list of ten blessings in your life you are grateful for. Write why you are grateful for each blessing. Go back and read your list, either in your mind or out loud. When you get to the end of each one say: Thank you Jesus for blessing me - then - pause - and meditate on that feeling of gratitude for that blessing as much as you possibly can.
- Today is your opportunity to be a blessing to someone. Be very deliberate - it's only one day. The way you start is to pray to God for the opportunity and ask Him to open your eyes. Trust me, the opportunity will come if you are looking.
- Here are some ideas: Take \$10 cash, keep it in your pocket and find someone who is in need and give it to them. If you want, pray for them on the spot. Look for someone that needs help; with groceries, pushing a cart, walking across the street. Call the church and ask where they need some help. The idea is to keep your eyes and ears open.
- Just before you go to sleep, take your Prayer Reminder and ask yourself: How did I experience Holy Spirit today? How did He lead me and direct me? How was I prompted to love and in what way? Then find that one thing that you are most grateful for and thank Jesus for whatever that was.



DAY 19

I AM SEATED WITH CHRIST

Ephesians 2:6 (NASB) “And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus,”

Our key verse for this book is:

Galatians 2:20 (NASB) “I have been crucified with Christ; and it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself up for me.”

With Jesus being your representative, He has done everything for you: Living for you, dying for you and Ephesians 2:6 states raised you up with Him and you are now seated with Him in heavenly realms. Think of it this way; See the picture below which are called Russian dolls that have multiple, smaller dolls inside them.

The first doll, the larger doll, is Christ. All other dolls fit inside the first one. Imagine that this larger doll moves somewhere. All the dolls inside move with that larger doll. Wherever that doll goes, the inside dolls moves with it. This is you. You are “in Christ”. Wherever Christ is, so are you. Since Jesus is seated at the right hand of God, so are you.

Romans 8:34 (NIV) “Who then is the one who condemns? No one. Christ Jesus who died--more than that, who was raised to life--is at the right hand of God and is also interceding for us.”

The right hand of God is a position of power and authority. In Christ you have all the same power and authority as Jesus had when He was here on earth.

Acts 1:8 (NLT) “But you will receive power when the Holy Spirit comes upon you. And you will be my witnesses, telling people about me everywhere—in Jerusalem, throughout Judea, in Samaria, and to the ends of the earth.”

Romans 15:18-19 (NASB) “For I will not presume to speak of anything except what Christ has accomplished through me, resulting in the obedience of the Gentiles by word and deed, in the power of signs and wonders, in the power of the Spirit; so that from Jerusalem and round about as far as Illyricum I have fully preached the gospel of Christ.

Paul understood this truth that he was given power and authority. The result of this was him writing of two-thirds of the New Testament and bringing the gospel to the Gentiles. This same power and authority has been given to you because of your position in Christ.

What does it mean to be “seated with Christ?” It means the work is done, accomplished, complete. You are now in a position of rest. Allow that to sink in. There is nothing you can do to change your position. You cannot improve it, change it or lose it. Your position is secure. Not because of anything you did, but all because of Him. What does rest look like? Let’s look at the life of Jesus. He lived in a state of rest, yet, He was very busy, wasn’t He? Despite His active ministry, He knew that God was working in and through Him. It was not up to Him. He rested in the fact that there was nothing to change how God viewed Him. He ministered from a state of rest with the complete understanding of His identity. He was full of love, compassion and grace which He shared with everyone that God brought into His life. Allow God to open your eyes and ears to do His work through you.

Since you are in Christ, this also means that everywhere you go, He goes with you. There is no separation. He is with you right now as you are reading this. He knows your thoughts, your fears everything about you. Everything you do, everywhere you go it is with Him as Him. Rest in the fact that He will always guide and direct your paths, just as God did for Jesus.



DAY 19



IDENTITY PRACTICE NUMBER 19.

- **Count Your Blessings:** First thing in the morning, make a list of ten blessings in your life you are grateful for. Write why you are grateful for each blessing. Go back and read your list, either in your mind or out loud. When you get to the end of each one say: Thank you Jesus for blessing me - then-pause - and meditate on that feeling of gratitude for that blessing as much as you possibly can.
- **Imagine yourself as that “doll” inside of Jesus.** Everywhere that you go - He goes. There is no separation. You in Him. Him in you. So, as you transition through your day; morning to work to chores to meals to evening think of yourself as taking Jesus with you.
- **Just before you go to sleep, take your Prayer Reminder and ask yourself:** How did I experience Holy Spirit today? How did He lead me and direct me? How was I prompted to love and in what way? Then find that one thing that you are most grateful for and thank Jesus for whatever that was.



DAY 20

I AM ANOINTED



Galatians 2:20 (NASB) "I have been crucified with Christ; and it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself up for me."

Christ is a noun. Defined as the anointed one. I am not saying you are THE anointed one. That can only be Jesus the Christ. But, you do have the same anointing as Christ had on Him. Christ Jesus is a noun because that is who He was. For you it's a verb which means it was given to you as a gift.

1John 2:20 (NASB) "But you have an anointing from the Holy One, and you all know."

2 Corinthians 1:21 (NASB) "Now He who establishes us with you in Christ and anointed us is God,"

In the Old Testament, when kings were designated for service they were anointed with oil. The most famous story was King David in the book of Samuel where the prophet Samuel anointed David with oil and thus made him king.

1 Samuel 16:12-13 (NASB) "So he sent and brought him in. Now he was ruddy, with beautiful eyes and a handsome appearance. And the Lord said, "Arise, anoint him; for this is he." Then Samuel took the horn of oil and anointed him in the midst of his brothers; and the Spirit of the Lord came mightily upon David from that day forward. And Samuel arose and went to Ramah."

Just as David was anointed with oil, then filled with the Spirit of the Lord, you also have this same anointing. The purpose of this anointing was to separate out - mark for service for God. God has poured His oil of Holy Spirit on you the same as Jesus. Hence you can say with confidence, you are anointed in Christ. Not "the" Christ, but "in Christ" - anointed for service. You should count yourself as anointed here on earth, His Body, His Ambassador, His Word, His Love. Do you see how this all ties together: "I no longer live, but Christ lives in me." God designed you to be His anointed here on earth. The work He is asking you to do is simple yet profound: Love! If you wrap up Jesus' entire ministry - all that He said and did, it could be wrapped up in that one word: Love. This is your calling, be God's love to this world. Everyone you encounter - love. One of the last instructions Jesus gave to us:

John 13:34 (NLT) "So now I am giving you a new commandment: Love each other. Just as I have loved you, you should love each other."

Jesus gave us the perfect inspiration to love. Because I am loved so greatly and don't deserve His love, I therefore can love others. Can you hear God say to you:

"Now, I anoint you with oil, go ye therefore and be My Christ to this lost world and spread the gospel of Jesus to awaken their hearts and minds. I have chosen you to do this on My behalf. Don't worry, I am with you, just as I was with Jesus. You have the same Holy Spirit as Jesus did."

In fact listen to this remarkable statement of Jesus:

John 14:12 (NASB) "Truly, truly, I say to you, he who believes in Me, the works that I do, he will do also; and greater works than these he will do; because I go to the Father."



DAY 20



IDENTITY PRACTICE NUMBER 20.

- **Count Your Blessings:** First thing in the morning, make a list of ten blessings in your life you are grateful for. Write why you are grateful for each blessing. Go back and read your list, either in your mind or out loud.
When you get to the end of each one say:
Thank you Jesus for blessing me - then- pause - and meditate on that feeling of gratitude for that blessing as much as you possibly can.
- **Be God's anointing** to someone today.
- **Choose one person** you wish to focus on or it could be someone you chance encounter.
- **Record what they need or ask for** and then take that opportunity to "be Love" to them by blessing them.
- **Just before you go to sleep,** take your Prayer Reminder and ask yourself: How did I experience Holy Spirit today? How did He lead me and direct me? How was I prompted to love and in what way? Then find that one thing that you are most grateful for and thank Jesus for whatever that was.



DAY 21

I AM FREE



Galatians 5:1(NIV) "It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery."

I saved the best identity statement for last. You are free. The big question is what were you set free from?

Freedom from the law of sin and death

Romans 8:2 (NASB) "For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death."

Freedom to not commit sin

John 8:31-36 (NASB) "So Jesus was saying to those Jews who had believed Him, "If you continue in My word, then you are truly disciples of Mine; and you will know the truth, and the truth will make you free." They answered Him, "We are Abraham's descendants and have never yet been enslaved to anyone; how is it that You say, 'You will become free'?"

Jesus answered them, "Truly, truly, I say to you, everyone who commits sin is the slave of sin. "The slave does not remain in the house forever; the son does remain forever. "So if the Son makes you free, you will be free indeed."

Freedom from Satan

Romans 16:20 (NKJV) "And the God of peace will crush Satan under your feet shortly. The grace of our Lord Jesus Christ be with you. Amen."

Freedom from Guilt and Condemnation

Romans 8:1 (NASB) "Therefore there is now no condemnation for those who are in Christ Jesus."

Freedom to Love

Galatians 5:13-14 (NIV) "You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh ; rather, serve one another humbly in love. For the entire law is fulfilled in keeping this one command: "Love your neighbor as yourself."

I could go on and on, but you get the picture. Because of what Jesus did for you, you have been set free to freely live and love. There is no obligation, no strings attached, no debt to be paid. Freely given, freely receive. John Piper from May 29, 1983 on the topic:

"I say this is surprising because there is a very common view of Christian behavior which this verse contradicts. It is called the "Gratitude Ethic." It says that God has done so much for me that I will devote my life to paying back my debt, even though I know I will never be able to completely. And even though most Christians who work out of this gratitude ethic would say that they are not trying to earn their salvation, nevertheless, when they start working for God because he has given them so much, it is very easy to begin to think of God's free gift as a loan to be repaid or as advance wages to be earned. So the gratitude ethic tends to put you in the position of a debtor instead of a son. And that is slavery. None of us feels completely free while we are burdened with a debt to be repaid. Christ does not want you to relate to him as a debtor who uses the law to make installment payments on an unending loan."

There is nothing you have done to deserve God's free gift. There is nothing you owe God after you receive this free gift. The only thing you need to do is say WOW and Thank You! Then rest in knowing the work is done. You have His Holy Spirit in you. Get to know that voice through reading his word and prayer. He is more interested in you than you are of Him. He will make Himself known. If something needs to be done, He will let you know. You have been set free from the bondage of thinking you need "to do, in order to be". That was the lie of Satan in the garden.

Renew your mind and agree with God that you have been given a new identity, the old has passed. Behold new has come. In JOY!!



DAY 21



IDENTITY PRACTICE NUMBER 21

- **Count Your Blessings:** First thing in the morning, make a list of ten blessings in your life you are grateful for. Write why you are grateful for each blessing. Go back and read your list, either in your mind or out loud. When you get to the end of each one say: Thank you Jesus for blessing me - then pause - and meditate on that feeling of gratitude for that blessing as much as you possibly can.
- Do absolutely nothing today. Enjoy your freedom.
- Just before you go to sleep, take your Prayer Reminder and ask yourself: How did I experience Holy Spirit today? How did He lead me and direct me? How was I prompted to love and in what way? Then find that one thing that you are most grateful for and thank Jesus for whatever that was.

THE 100FOLD JOURNEY

21 Days of Identity
10 Blessings

